



SOFIA SMALLSTORM

BIOLOGICAL DARKNESS & TECHNO-EUGENICS

PRESENTED BY THE HIGHERSIDE CHATS



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1
00:00:06,470 --> 00:00:04,280
my my good people of the internet it

2
00:00:08,299 --> 00:00:06,480
looks like christmas is finally here and

3
00:00:10,310 --> 00:00:08,309
i got some of my guests here to help me

4
00:00:12,950 --> 00:00:10,320
help you spread a little holiday love

5
00:00:14,990 --> 00:00:12,960
and good look oh well I know you're a

6
00:00:16,550 --> 00:00:15,000
tire size yes we couldn't be more giddy

7
00:00:18,439 --> 00:00:16,560
about it and why not celebrate the

8
00:00:20,779 --> 00:00:18,449
corporate driven season of spending with

9
00:00:22,400 --> 00:00:20,789
a gift that oh so ironically spits right

10
00:00:24,200 --> 00:00:22,410
in the face of the Christmas machine

11
00:00:26,269 --> 00:00:24,210
with the sweet sweet softness of a

12
00:00:27,679 --> 00:00:26,279
t-shirt for the rebellious fashionista

13
00:00:30,230 --> 00:00:27,689

in your life for my little clothing

14

00:00:32,359 --> 00:00:30,240

brand over at conspiracy's net this is

15

00:00:33,860 --> 00:00:32,369

one of the most degrading things that

16

00:00:36,650 --> 00:00:33,870

anyone could possibly do

17

00:00:38,150 --> 00:00:36,660

thanks Freeman or better yet give them

18

00:00:40,400 --> 00:00:38,160

the gift that gives all year long with

19

00:00:42,590 --> 00:00:40,410

the subscription of THC plus for one of

20

00:00:44,330 --> 00:00:42,600

your oh so precious friends and family I

21

00:00:48,979 --> 00:00:44,340

know that's what Jim Marrs is doing

22

00:00:50,569 --> 00:00:48,989

right man well guys this is not

23

00:00:51,200 --> 00:00:50,579

constructive Duncan Trussell will help

24

00:00:54,500 --> 00:00:51,210

me out here

25

00:00:56,540 --> 00:00:54,510

if I were sane the first idea I'd want

26

00:00:58,340 --> 00:00:56,550

to implant into their heads okay that's

27

00:01:00,920 --> 00:00:58,350

not what I had in mind either but if you

28

00:01:03,170 --> 00:01:00,930

know someone who enjoys THC just go to

29

00:01:04,820 --> 00:01:03,180

the higher side chats plus calm with any

30

00:01:06,469 --> 00:01:04,830

credit or debit card and put in the

31

00:01:08,240 --> 00:01:06,479

email address and information for that

32

00:01:10,370 --> 00:01:08,250

special someone in your life rather than

33

00:01:12,859 --> 00:01:10,380

yourself I know I and all the great

34

00:01:14,929 --> 00:01:12,869

guests on THC would really appreciate it

35

00:01:15,710 --> 00:01:14,939

we don't want to kill anybody or hurt

36

00:01:17,840 --> 00:01:15,720

anybody

37

00:01:19,820 --> 00:01:17,850

we want to make a system that would

38

00:01:21,380 --> 00:01:19,830

shock I think that approach is actually

39

00:01:23,330 --> 00:01:21,390

illegal let's not do that

40

00:01:25,760 --> 00:01:23,340

and it was a great idea but it doesn't

41

00:01:28,640 --> 00:01:25,770

go far enough no man it went too far but

42

00:01:30,649 --> 00:01:28,650

guys all I'm saying is a year or six

43

00:01:32,270 --> 00:01:30,659

months the THC plus makes a great gift

44

00:01:33,710 --> 00:01:32,280

believe me I just signed douglas

45

00:01:39,170 --> 00:01:33,720

dietrich up for a year and he couldn't

46

00:01:41,990 --> 00:01:39,180

be happier i love you dearly yes

47

00:01:43,429 --> 00:01:42,000

honestly you flatter me too much if you

48

00:01:46,370 --> 00:01:43,439

were a member of the opposite sex I

49

00:01:47,680 --> 00:01:46,380

would propose see what I tell you Merry

50

00:01:56,110 --> 00:01:47,690

Christmas people

51
00:02:01,220 --> 00:01:59,690
the planet roughly masters almost surely

52
00:02:03,500 --> 00:02:01,230
have a plan

53
00:02:05,950 --> 00:02:03,510
this clearly may be something near

54
00:02:10,320 --> 00:02:05,960
beyond the realm of man

55
00:02:13,540 --> 00:02:10,330
[Music]

56
00:02:21,450 --> 00:02:13,550
you think you know the less you really

57
00:02:30,190 --> 00:02:27,110
[Music]

58
00:02:35,120 --> 00:02:30,200
without you

59
00:02:39,630 --> 00:02:37,740
all right higher side chatters when it

60
00:02:41,490 --> 00:02:39,640
comes to our health in our environment

61
00:02:43,560 --> 00:02:41,500
what's natural and what's synthetic

62
00:02:45,420 --> 00:02:43,570
there is so much manipulation by the

63
00:02:46,980 --> 00:02:45,430

Cabal that controls the information

64

00:02:49,200 --> 00:02:46,990

education and the entire medical

65

00:02:51,390 --> 00:02:49,210

infrastructure that it's harder and

66

00:02:51,810 --> 00:02:51,400

harder for a person born into the modern

67

00:02:54,450 --> 00:02:51,820

world

68

00:02:57,060 --> 00:02:54,460

to separate how it is from how it should

69

00:02:58,770 --> 00:02:57,070

be now a lot of us know Big Pharma and

70

00:03:00,600 --> 00:02:58,780

the corporate overlords are lying to us

71

00:03:03,000 --> 00:03:00,610

only hoping to drain us financially

72

00:03:04,830 --> 00:03:03,010

until our dying breath but we struggle

73

00:03:06,570 --> 00:03:04,840

to track down the truths needed to feel

74

00:03:09,600 --> 00:03:06,580

confident with any of the alternatives

75

00:03:11,700 --> 00:03:09,610

in this great age of Unknowing still

76
00:03:13,680 --> 00:03:11,710
with autism rising to Scarry Heights the

77
00:03:15,270 --> 00:03:13,690
strange Morgellons condition receiving

78
00:03:17,040 --> 00:03:15,280
more and more attention and the

79
00:03:18,690 --> 00:03:17,050
realization that a lot of our bodies are

80
00:03:21,840 --> 00:03:18,700
breaking down faster than they should be

81
00:03:24,480 --> 00:03:21,850
the deck seems to intelligently stacked

82
00:03:26,010 --> 00:03:24,490
against us to be mere coincidence well

83
00:03:27,840 --> 00:03:26,020
here to show us what she sees in the

84
00:03:29,940 --> 00:03:27,850
cards and give us her analysis of this

85
00:03:32,880 --> 00:03:29,950
far-reaching situation is the highly

86
00:03:34,770 --> 00:03:32,890
respected Sofia small storm a meticulous

87
00:03:36,120 --> 00:03:34,780
researcher an exceptional speaker who

88
00:03:38,400 --> 00:03:36,130

has covered quite a few alternative

89

00:03:40,890 --> 00:03:38,410

subjects from false flags and fluoride

90

00:03:43,680 --> 00:03:40,900

to geo engineering and synthetic biology

91

00:03:45,330 --> 00:03:43,690

she's been on THC once before detailing

92

00:03:46,770 --> 00:03:45,340

her excellent breakdown of Sandy Hook

93

00:03:49,290 --> 00:03:46,780

and it's a real pleasure to have her

94

00:03:52,140 --> 00:03:49,300

back today from just up the five freeway

95

00:03:54,900 --> 00:03:52,150

another San Diego local Sophia welcome

96

00:03:57,150 --> 00:03:54,910

back to the higher side you're so nice

97

00:04:00,510 --> 00:03:57,160

Greg that was such a nice introduction

98

00:04:03,870 --> 00:04:00,520

and you're you know you're quite the

99

00:04:05,670 --> 00:04:03,880

phenomenon yourself I can claim the

100

00:04:08,400 --> 00:04:05,680

things that you assigned to me but

101
00:04:10,140 --> 00:04:08,410
anyway thank you well thank you and I

102
00:04:12,630 --> 00:04:10,150
really appreciate you being here I've

103
00:04:14,580 --> 00:04:12,640
been hearing you talk about the subjects

104
00:04:16,949 --> 00:04:14,590
we have on the table today and I'm just

105
00:04:19,050 --> 00:04:16,959
really blown away by the scope of what

106
00:04:21,990 --> 00:04:19,060
seems to be happening from this descent

107
00:04:24,300 --> 00:04:22,000
into biological darkness to the covert

108
00:04:27,240 --> 00:04:24,310
promotion and infiltration of synthetic

109
00:04:28,560 --> 00:04:27,250
life we do seem to be in trouble times

110
00:04:30,690 --> 00:04:28,570
but hopefully by the end of this

111
00:04:33,000 --> 00:04:30,700
conversation people have a little

112
00:04:34,800 --> 00:04:33,010
clearer picture of these agendas and how

113
00:04:37,110 --> 00:04:34,810

we can protect ourselves as much as we

114

00:04:39,750 --> 00:04:37,120

can and to get us started

115

00:04:42,690 --> 00:04:39,760

a lot of this revolves around a need to

116

00:04:44,670 --> 00:04:42,700

kind of reframe the way we see some

117

00:04:46,469 --> 00:04:44,680

things in the areas of health and

118

00:04:48,060 --> 00:04:46,479

wellness because it seems like we've

119

00:04:50,390 --> 00:04:48,070

been sold bad information

120

00:04:53,580 --> 00:04:50,400

a false paradigm so if we start with

121

00:04:56,550 --> 00:04:53,590

sepsis and this term biological darkness

122

00:05:00,570 --> 00:04:56,560

help us understand this cycle and how

123

00:05:04,250 --> 00:05:00,580

it's being manipulated okay well sepsis

124

00:05:08,610 --> 00:05:04,260

is a term for you could call it

125

00:05:12,180 --> 00:05:08,620

beautification degeneration decay in

126
00:05:14,790 --> 00:05:12,190
medical terminology septic shock or to

127
00:05:17,730 --> 00:05:14,800
go in it into a state of sepsis means

128
00:05:19,640 --> 00:05:17,740
your blood is full of bacteria you're

129
00:05:22,230 --> 00:05:19,650
the bacterial infection that's so

130
00:05:26,400 --> 00:05:22,240
drastic and dire that your body's not

131
00:05:28,740 --> 00:05:26,410
able to deal with it but what alerted me

132
00:05:31,680 --> 00:05:28,750
and set off a you know a cascade of

133
00:05:35,640 --> 00:05:31,690
Revelation and dawning in my brain was

134
00:05:37,800 --> 00:05:35,650
when I was watching a video which is

135
00:05:40,830 --> 00:05:37,810
really a video about the Flat Earth and

136
00:05:42,600 --> 00:05:40,840
I was trying to you know just someone

137
00:05:44,340 --> 00:05:42,610
I've recommended it to me he said it was

138
00:05:48,000 --> 00:05:44,350

one of the best that had been made I

139

00:05:50,220 --> 00:05:48,010

have to give him credit Shaw's bar book

140

00:05:53,070 --> 00:05:50,230

T that's his name you can look it up on

141

00:05:56,040 --> 00:05:53,080

YouTube try to spell it but he pointed

142

00:05:57,960 --> 00:05:56,050

out that the light of the Sun and the

143

00:06:00,900 --> 00:05:57,970

light of the Moon are distinctly

144

00:06:03,480 --> 00:06:00,910

different and that sunlight obviously

145

00:06:06,650 --> 00:06:03,490

which we experienced during the day is

146

00:06:09,780 --> 00:06:06,660

golden warm drying life-giving

147

00:06:14,730 --> 00:06:09,790

antiseptic preservative and cleansing

148

00:06:19,710 --> 00:06:14,740

and that moonlight in contrast is silver

149

00:06:24,000 --> 00:06:19,720

not gold it's cold it's damp it promotes

150

00:06:27,090 --> 00:06:24,010

necrosis beautification and sepsis and I

151
00:06:29,010 --> 00:06:27,100
thought you know what he is right and

152
00:06:33,030 --> 00:06:29,020
then I started thinking about day and

153
00:06:36,650 --> 00:06:33,040
night and how in its time period that

154
00:06:40,530 --> 00:06:36,660
the Sun gets the wheat sunlight is

155
00:06:45,510 --> 00:06:40,540
antiseptic it does dry up and kill molds

156
00:06:48,390 --> 00:06:45,520
and heat destroys bacteria and at night

157
00:06:51,330 --> 00:06:48,400
when it's cold that's when the decay

158
00:06:55,050 --> 00:06:51,340
cycle can go on and it needs to go on

159
00:06:57,420 --> 00:06:55,060
because part of life is death or decay

160
00:07:00,450 --> 00:06:57,430
you know this is why we have winter

161
00:07:01,170 --> 00:07:00,460
winter is when plants and trees kind of

162
00:07:04,500 --> 00:07:01,180
go door

163
00:07:07,620 --> 00:07:04,510

for a while and decay process can

164

00:07:11,130 --> 00:07:07,630

accelerate over those cold damp darker

165

00:07:14,760 --> 00:07:11,140

months and lots of dead material dead

166

00:07:19,160 --> 00:07:14,770

matter can be rendered by organisms that

167

00:07:23,340 --> 00:07:19,170

are called detritivores they can render

168

00:07:25,410 --> 00:07:23,350

material into food and nutrients and

169

00:07:28,650 --> 00:07:25,420

sustenance for the spring and summer

170

00:07:33,420 --> 00:07:28,660

when light blooms once again so I

171

00:07:35,850 --> 00:07:33,430

realized that we have a antiseptis and

172

00:07:39,030 --> 00:07:35,860

sepsis cycle going on between day and

173

00:07:42,060 --> 00:07:39,040

night and winter and summer and all told

174

00:07:45,210 --> 00:07:42,070

overall with the numbers of hours for

175

00:07:47,760 --> 00:07:45,220

day and night as they switch over you

176

00:07:50,150 --> 00:07:47,770

know the seasons and then the seasons

177

00:07:53,130 --> 00:07:50,160

themselves it's pretty much a 50/50 deal

178

00:07:55,470 --> 00:07:53,140

so I then watched an interview this is

179

00:07:57,080 --> 00:07:55,480

all I just stumbled into this and that's

180

00:07:59,610 --> 00:07:57,090

what I like about doing this research

181

00:08:01,860 --> 00:07:59,620

independently you can just stumble along

182

00:08:04,350 --> 00:08:01,870

I'm sure you've experienced this Greg

183

00:08:07,980 --> 00:08:04,360

and the next thing just plops into your

184

00:08:10,740 --> 00:08:07,990

lap right right yeah so I then came

185

00:08:13,380 --> 00:08:10,750

across a video that was an interview

186

00:08:17,640 --> 00:08:13,390

between dr. Mercola lots of people know

187

00:08:20,700 --> 00:08:17,650

joe mercola and this photo biologist

188

00:08:23,190 --> 00:08:20,710

called Alexander lunch from Germany and

189

00:08:26,640 --> 00:08:23,200

he's a very brilliant man and he was

190

00:08:30,780 --> 00:08:26,650

talking about how we absolutely need

191

00:08:35,160 --> 00:08:30,790

sunlight proper sunlight to make vitamin

192

00:08:37,770 --> 00:08:35,170

D it's essential it's it's critical to

193

00:08:42,090 --> 00:08:37,780

hundreds and hundreds of biological

194

00:08:45,150 --> 00:08:42,100

processes that it triggers inside us and

195

00:08:46,290 --> 00:08:45,160

these biological processes keep us going

196

00:08:48,090 --> 00:08:46,300

they keep us healthy

197

00:08:49,800 --> 00:08:48,100

you can google vitamin D and see how

198

00:08:51,120 --> 00:08:49,810

many things in your body it supports

199

00:08:54,530 --> 00:08:51,130

including the fact that it affects

200

00:08:58,350 --> 00:08:54,540

something like 3,000 of your genes but

201
00:09:01,950 --> 00:08:58,360
regardless it's very important then to

202
00:09:06,060 --> 00:09:01,960
have proper daylight to have exposure to

203
00:09:08,730 --> 00:09:06,070
the Sun on your skin in your eyes and at

204
00:09:11,010 --> 00:09:08,740
night you know that's when our bodies go

205
00:09:13,440 --> 00:09:11,020
dormant that's why we go to bed and we

206
00:09:15,660 --> 00:09:13,450
lie down in the darkness because

207
00:09:18,780 --> 00:09:15,670
that's time for our body to go into deep

208
00:09:22,260 --> 00:09:18,790
repair mode on the cellular level so

209
00:09:24,600 --> 00:09:22,270
when we are not exposed to enough

210
00:09:27,030 --> 00:09:24,610
sunlight and this is primarily during

211
00:09:28,890 --> 00:09:27,040
the winter but it also could occur

212
00:09:31,070 --> 00:09:28,900
during the summer people who work in

213
00:09:33,510 --> 00:09:31,080

offices that are lit with artificial

214

00:09:36,350 --> 00:09:33,520

bulbs you know the artificial light

215

00:09:39,420 --> 00:09:36,360

bulbs the ones that they're trying to

216

00:09:40,890 --> 00:09:39,430

plaster us with now don't give you the

217

00:09:44,220 --> 00:09:40,900

full light spectrum the way the

218

00:09:46,710 --> 00:09:44,230

incandescent bulbs do light artificial

219

00:09:49,290 --> 00:09:46,720

light must be accompanied by thermal

220

00:09:52,170 --> 00:09:49,300

energy or heat in order to be effective

221

00:09:54,390 --> 00:09:52,180

in terms of our biology otherwise it

222

00:09:57,690 --> 00:09:54,400

puts us in a state of biological

223

00:10:00,930 --> 00:09:57,700

darkness and biological darkness just

224

00:10:03,660 --> 00:10:00,940

means that hundreds of activities that

225

00:10:06,360 --> 00:10:03,670

our body requires for optimal

226

00:10:09,720 --> 00:10:06,370

functionality are not going on it's the

227

00:10:11,730 --> 00:10:09,730

equivalent of living in darkness right

228

00:10:13,020 --> 00:10:11,740

yeah this seems to be a big can of worms

229

00:10:15,210 --> 00:10:13,030

we talked about it a little bit the

230

00:10:17,610 --> 00:10:15,220

other day an analogy could almost be

231

00:10:19,410 --> 00:10:17,620

that the earth is kind of sleep-deprived

232

00:10:22,070 --> 00:10:19,420

because it's not getting its chance to

233

00:10:24,960 --> 00:10:22,080

repair itself and then in the spring

234

00:10:26,880 --> 00:10:24,970

things are coming back weaker than they

235

00:10:29,000 --> 00:10:26,890

should be in the natural world and this

236

00:10:33,330 --> 00:10:29,010

is kind of how the balance is being

237

00:10:35,760 --> 00:10:33,340

completely tilted to one side right yes

238

00:10:38,970 --> 00:10:35,770

and what you're referring to greg is

239

00:10:41,010 --> 00:10:38,980

that what's happening on the earth in

240

00:10:44,730 --> 00:10:41,020

terms of environment is we have been

241

00:10:48,240 --> 00:10:44,740

pushed more into sepsis than the sun

242

00:10:51,780 --> 00:10:48,250

cycle so the chemtrails the layering of

243

00:10:53,640 --> 00:10:51,790

the sky with these particulate sheets

244

00:10:56,010 --> 00:10:53,650

you know the white haze as some people

245

00:10:59,040 --> 00:10:56,020

call it and I'm looking into our sky

246

00:11:00,690 --> 00:10:59,050

today this is a San Diego chemtrail you

247

00:11:03,510 --> 00:11:00,700

know it's like a mad painter with a

248

00:11:06,960 --> 00:11:03,520

milky brush and yesterday was totally

249

00:11:10,260 --> 00:11:06,970

clear as you remember but the presence

250

00:11:12,420 --> 00:11:10,270

of artificial clouds what some people

251

00:11:15,570 --> 00:11:12,430

call stratospheric aerosol

252

00:11:19,020 --> 00:11:15,580

geoengineering that converts the warm

253

00:11:22,110 --> 00:11:19,030

golden antiseptic effect of sun the

254

00:11:26,690 --> 00:11:22,120

health-giving effective real Sun into

255

00:11:29,810 --> 00:11:26,700

sort of an analog of

256

00:11:32,180 --> 00:11:29,820

sepsis moon it changes the frequencies

257

00:11:34,370 --> 00:11:32,190

it makes them cold silver frequencies

258

00:11:36,110 --> 00:11:34,380

the light of the Sun so we are not

259

00:11:37,670 --> 00:11:36,120

getting the golden light of the Sun with

260

00:11:40,280 --> 00:11:37,680

chemtrails with the chemtrail agenda

261

00:11:43,370 --> 00:11:40,290

we're getting the silver light of sepsis

262

00:11:46,700 --> 00:11:43,380

and so that's throwing the earth into

263

00:11:50,540 --> 00:11:46,710

havoc because once again winter and

264

00:11:53,000 --> 00:11:50,550

summer are the seasonal changeover and

265

00:11:54,830 --> 00:11:53,010

the plants and trees go to sleep in the

266

00:11:57,530 --> 00:11:54,840

winter and if you've noticed as I have

267

00:12:00,260 --> 00:11:57,540

over the last few years we've got heat

268

00:12:02,810 --> 00:12:00,270

waves until November the East Coast is

269

00:12:06,230 --> 00:12:02,820

reporting you know balmy days in the

270

00:12:09,710 --> 00:12:06,240

high 60s and 70s in areas where it

271

00:12:12,230 --> 00:12:09,720

should be down in the 50s and 40s and I

272

00:12:15,620 --> 00:12:12,240

noticed that leaves are not falling off

273

00:12:17,630 --> 00:12:15,630

the trees as they should and they're not

274

00:12:19,940 --> 00:12:17,640

the trees are not going to sleep

275

00:12:22,700 --> 00:12:19,950

properly for the winter I'm using very

276

00:12:24,650 --> 00:12:22,710

simplistic terms and then in the last

277

00:12:26,570 --> 00:12:24,660

few years this is like clockwork

278

00:12:29,300 --> 00:12:26,580

they've given us heat waves in late

279

00:12:31,940 --> 00:12:29,310

January in February so the trees all

280

00:12:34,400 --> 00:12:31,950

start to bud my mother even told me that

281

00:12:36,440 --> 00:12:34,410

in New York certain bushes are budding

282

00:12:38,810 --> 00:12:36,450

now because of the warm weather and they

283

00:12:41,750 --> 00:12:38,820

think it's spring so what does that do

284

00:12:44,720 --> 00:12:41,760

that means that the following life cycle

285

00:12:46,900 --> 00:12:44,730

if the dormancy has not been long enough

286

00:12:48,560 --> 00:12:46,910

and the plant is as you say

287

00:12:50,390 --> 00:12:48,570

sleep-deprived the earth is

288

00:12:54,140 --> 00:12:50,400

sleep-deprived then the following life

289

00:12:58,670 --> 00:12:54,150

cycle becomes weak it cannot it's not a

290

00:13:03,530 --> 00:12:58,680

strong properly birthed and generated

291

00:13:05,240 --> 00:13:03,540

next generation mmm-hmm Wow I just think

292

00:13:07,730 --> 00:13:05,250

this is such an interesting perspective

293

00:13:10,070 --> 00:13:07,740

that the environment is being altered in

294

00:13:12,320 --> 00:13:10,080

such a way keeping these proper

295

00:13:14,060 --> 00:13:12,330

processes from triggering and I've

296

00:13:16,190 --> 00:13:14,070

definitely noticed just like you said

297

00:13:17,990 --> 00:13:16,200

trees that don't seem to complete their

298

00:13:20,150 --> 00:13:18,000

cycle in the winter months sometimes you

299

00:13:23,210 --> 00:13:20,160

just see what looks like a fall to

300

00:13:25,640 --> 00:13:23,220

spring process the fall colors come and

301
00:13:28,220 --> 00:13:25,650
then the buds start forming just shortly

302
00:13:30,650 --> 00:13:28,230
after I just hadn't looked at that as a

303
00:13:34,070 --> 00:13:30,660
clue to a larger agenda or really

304
00:13:36,770 --> 00:13:34,080
consider that it was engineered yeah the

305
00:13:39,400 --> 00:13:36,780
process isn't full actually the reason

306
00:13:40,580 --> 00:13:39,410
for leaves turning color that is a

307
00:13:43,610 --> 00:13:40,590
protect

308
00:13:46,850 --> 00:13:43,620
defense mechanism of trees these

309
00:13:50,570 --> 00:13:46,860
pigments are biopolymers and when the

310
00:13:52,880 --> 00:13:50,580
tree's leaves turn red the tree is

311
00:13:56,120 --> 00:13:52,890
actually transferring whatever nutrients

312
00:13:58,480 --> 00:13:56,130
are left in the leaf to the more

313
00:14:02,810 --> 00:13:58,490

permanent parts of itself like the

314

00:14:05,450 --> 00:14:02,820

branches and bark and trunk and the red

315

00:14:09,080 --> 00:14:05,460

color is actually a sunscreen the Sun is

316

00:14:11,210 --> 00:14:09,090

already waning and receding right we

317

00:14:14,420 --> 00:14:11,220

have fewer hours of sunlight and its

318

00:14:19,490 --> 00:14:14,430

power is far less in the autumn and

319

00:14:21,410 --> 00:14:19,500

winter so the tree as the leaves lose

320

00:14:24,560 --> 00:14:21,420

their ability to make food they turn

321

00:14:27,410 --> 00:14:24,570

color and they turn from green to yellow

322

00:14:30,440 --> 00:14:27,420

that's a sign of death and then yellow

323

00:14:32,990 --> 00:14:30,450

to orange and orange to red and the tree

324

00:14:34,880 --> 00:14:33,000

is transferring the nutrients so that it

325

00:14:37,130 --> 00:14:34,890

can store them and then the leaves fall

326

00:14:39,230 --> 00:14:37,140

off and what's happening now is the

327

00:14:41,150 --> 00:14:39,240

leaves are not falling off fully I'm

328

00:14:43,370 --> 00:14:41,160

looking at a sycamore outside my window

329

00:14:46,310 --> 00:14:43,380

it has leaves on it that are brown from

330

00:14:47,780 --> 00:14:46,320

last winter and this winter it hasn't

331

00:14:49,910 --> 00:14:47,790

lost its leaves even though we've had

332

00:14:52,430 --> 00:14:49,920

some heavy-duty winds recently and that

333

00:14:54,050 --> 00:14:52,440

means those leaves will cling because

334

00:14:56,750 --> 00:14:54,060

the tree is desperate it's trying to

335

00:14:58,850 --> 00:14:56,760

hold on to life it will cling those

336

00:15:00,380 --> 00:14:58,860

leaves will cling until the spring and

337

00:15:04,220 --> 00:15:00,390

then when the new life comes there won't

338

00:15:07,850 --> 00:15:04,230

be spots for the new leaves mm-hmm so

339

00:15:12,590 --> 00:15:07,860

overall we are getting a continued

340

00:15:15,170 --> 00:15:12,600

presence of desperate clinging in the

341

00:15:18,320 --> 00:15:15,180

natural world from the past season of

342

00:15:21,700 --> 00:15:18,330

life and then weaker and weaker new

343

00:15:25,760 --> 00:15:21,710

seasons and you know this is going to

344

00:15:28,180 --> 00:15:25,770

eventually eradicate and wipe out many

345

00:15:31,550 --> 00:15:28,190

many different forms of flora and fauna

346

00:15:35,470 --> 00:15:31,560

you will notice as I have I didn't know

347

00:15:38,360 --> 00:15:35,480

why but you know as I learn I know why

348

00:15:42,380 --> 00:15:38,370

conifers or pine trees there's an

349

00:15:44,420 --> 00:15:42,390

expression called going to cone it means

350

00:15:46,610 --> 00:15:44,430

that that's when the tree is ready to

351

00:15:49,400 --> 00:15:46,620

reproduce the pine cones I like their

352

00:15:52,130 --> 00:15:49,410

reproductive fruits in the tree pine

353

00:15:53,830 --> 00:15:52,140

trees conifers should only go to cone

354

00:15:56,410 --> 00:15:53,840

once every 10 years

355

00:15:59,080 --> 00:15:56,420

and guess what in America you're going

356

00:16:02,710 --> 00:15:59,090

to cone every year Wow

357

00:16:04,150 --> 00:16:02,720

that means they're desperate hmm yeah

358

00:16:06,760 --> 00:16:04,160

you hear about the decline of

359

00:16:08,590 --> 00:16:06,770

biodiversity not only in the mainstream

360

00:16:10,510 --> 00:16:08,600

but even people that I have more faith

361

00:16:12,250 --> 00:16:10,520

and say the data there seems to be

362

00:16:14,620 --> 00:16:12,260

pretty clear and that's pretty

363

00:16:16,810 --> 00:16:14,630

concerning and you mentioned beforehand

364

00:16:19,090 --> 00:16:16,820

how some of the agenda is affecting the

365

00:16:20,829 --> 00:16:19,100

individual but what more can be said

366

00:16:22,930 --> 00:16:20,839

about that can we get a bit deeper into

367

00:16:25,600 --> 00:16:22,940

how this promotion of the biological

368

00:16:29,880 --> 00:16:25,610

darkness cycle is affecting the bio

369

00:16:33,250 --> 00:16:29,890

terrain of the human body specifically

370

00:16:35,290 --> 00:16:33,260

well let me just throw this in to finish

371

00:16:38,470 --> 00:16:35,300

up the what we were just talking about

372

00:16:41,440 --> 00:16:38,480

sure I believe that as the natural

373

00:16:45,310 --> 00:16:41,450

species disappear and become weaker and

374

00:16:48,250 --> 00:16:45,320

weaker and are effectively made extinct

375

00:16:51,130 --> 00:16:48,260

we're gonna get companies like Syngenta

376
00:16:52,990 --> 00:16:51,140
and Monsanto you know hailing us and

377
00:16:55,720 --> 00:16:53,000
saying well we are losing all our trees

378
00:16:58,780 --> 00:16:55,730
but we've now genetically engineered 12

379
00:17:01,570 --> 00:16:58,790
or 15 varieties of trees we have done

380
00:17:04,120 --> 00:17:01,580
people you want trees in your yard call

381
00:17:06,130 --> 00:17:04,130
us we'll sell you the trees will come

382
00:17:09,669 --> 00:17:06,140
and plant them for you and they are

383
00:17:13,150 --> 00:17:09,679
gonna be drought tolerant and very you

384
00:17:16,270 --> 00:17:13,160
know stable they're of course not gonna

385
00:17:17,919 --> 00:17:16,280
be reproductive but you will license

386
00:17:20,140 --> 00:17:17,929
them from us every year and at least you

387
00:17:21,970 --> 00:17:20,150
left shade and you're the agenda21

388
00:17:24,309 --> 00:17:21,980

community that you live in we'll look

389

00:17:26,439 --> 00:17:24,319

pretty I could see that Monsanto

390

00:17:29,200 --> 00:17:26,449

graduating from genetically modified

391

00:17:30,580 --> 00:17:29,210

crop seeds two whole trees I could see

392

00:17:33,310 --> 00:17:30,590

that being a big problem

393

00:17:34,900 --> 00:17:33,320

well no it's gonna be a solution we have

394

00:17:37,540 --> 00:17:34,910

we're in the problem now but that will

395

00:17:39,430 --> 00:17:37,550

be the solution that's offered problem

396

00:17:42,970 --> 00:17:39,440

reaction solution roll in and out once

397

00:17:44,200 --> 00:17:42,980

again so you mentioned the human biology

398

00:17:47,110 --> 00:17:44,210

and you wanted to know how the

399

00:17:51,030 --> 00:17:47,120

biological darkness effects that the

400

00:17:54,730 --> 00:17:51,040

sepsis so we're in constant flux and

401
00:17:58,560 --> 00:17:54,740
trouble our bodies are not able to keep

402
00:18:01,990 --> 00:17:58,570
a good functionality going we're seeing

403
00:18:04,600 --> 00:18:02,000
lots of degenerative disease we're not

404
00:18:06,740 --> 00:18:04,610
dying from microbial disease anymore

405
00:18:09,470 --> 00:18:06,750
because of Hygiene and Santa

406
00:18:12,050 --> 00:18:09,480
that has been introduced into our lives

407
00:18:14,840 --> 00:18:12,060
through you know infrastructure of

408
00:18:16,760 --> 00:18:14,850
cities and whatnot most people today in

409
00:18:18,410 --> 00:18:16,770
the cities have flush toilets they have

410
00:18:20,720 --> 00:18:18,420
running water they don't have to fetch

411
00:18:25,090 --> 00:18:20,730
water and use an outhouse like they did

412
00:18:28,280 --> 00:18:25,100
in previous generations so our

413
00:18:30,340 --> 00:18:28,290

sanitation has greatly improved our

414

00:18:32,420 --> 00:18:30,350

health because we're not fighting

415

00:18:34,970 --> 00:18:32,430

bacteria there's a very famous book

416

00:18:37,430 --> 00:18:34,980

called The Mirage of health by Rene du

417

00:18:40,040 --> 00:18:37,440

Bois who was a French scientist and

418

00:18:43,640 --> 00:18:40,050

doctor I believe in he taught at Harvard

419

00:18:45,140 --> 00:18:43,650

and in the 50s and he was 1959 he came

420

00:18:47,810 --> 00:18:45,150

out with this book The Mirage of health

421

00:18:51,340 --> 00:18:47,820

and in it he said that the main

422

00:18:54,620 --> 00:18:51,350

contributor to improved health vitality

423

00:18:58,160 --> 00:18:54,630

longevity there were two things not

424

00:19:00,950 --> 00:18:58,170

medicine by any means the advent of

425

00:19:03,500 --> 00:19:00,960

glass windows and houses because the

426

00:19:06,200 --> 00:19:03,510

glass it amplified the effective

427

00:19:08,570 --> 00:19:06,210

sunlight right it intensified so

428

00:19:10,790 --> 00:19:08,580

sunlight is natural disinfectant and the

429

00:19:12,590 --> 00:19:10,800

dankness and the dampness that people

430

00:19:15,380 --> 00:19:12,600

had in their houses which contributed to

431

00:19:19,670 --> 00:19:15,390

a lot of respiratory disease coals and

432

00:19:21,980 --> 00:19:19,680

whatnot flus this was greatly minimized

433

00:19:25,730 --> 00:19:21,990

by having glass windows that let light

434

00:19:29,900 --> 00:19:25,740

in and kept houses bright and then the

435

00:19:31,840 --> 00:19:29,910

other very important shift was people

436

00:19:34,400 --> 00:19:31,850

starting to change their underwear

437

00:19:38,150 --> 00:19:34,410

wearing underwear that they changed and

438

00:19:41,240 --> 00:19:38,160

washed every day so that was a very big

439

00:19:44,210 --> 00:19:41,250

contributor to health and of course the

440

00:19:46,730 --> 00:19:44,220

running water and the food industry that

441

00:19:49,340 --> 00:19:46,740

gave us trucked fresh vegetables to us

442

00:19:51,500 --> 00:19:49,350

and so forth but of course fighting down

443

00:19:53,110 --> 00:19:51,510

the food that was highly packed with

444

00:19:57,170 --> 00:19:53,120

preservatives and there's always a

445

00:20:00,680 --> 00:19:57,180

seesaw going so we are fortunate in that

446

00:20:03,770 --> 00:20:00,690

we can choose to live in greater and

447

00:20:05,870 --> 00:20:03,780

better states of health but if we fall

448

00:20:09,500 --> 00:20:05,880

for all the bad information in the

449

00:20:11,810 --> 00:20:09,510

marketing of you know products for

450

00:20:14,590 --> 00:20:11,820

instance today we don't have microbes in

451
00:20:17,930 --> 00:20:14,600
our houses but we have wireless

452
00:20:20,080 --> 00:20:17,940
radiation we have electromagnetic fields

453
00:20:22,960 --> 00:20:20,090
we have tremendous numbers

454
00:20:26,320 --> 00:20:22,970
man-made chemical compounds and this was

455
00:20:28,210 --> 00:20:26,330
part of them you know age of cleanness

456
00:20:31,000 --> 00:20:28,220
you may not remember because you weren't

457
00:20:33,840 --> 00:20:31,010
born then but housewives in the 50s were

458
00:20:37,899 --> 00:20:33,850
taught by television to spray Lysol and

459
00:20:39,610 --> 00:20:37,909
DDT was even sprayed on sandwiches by

460
00:20:45,070 --> 00:20:39,620
mothers who were making lunch for their

461
00:20:46,840 --> 00:20:45,080
children Wow man so if we get to the

462
00:20:49,630 --> 00:20:46,850
fundamentals here I mean the entire

463
00:20:51,700 --> 00:20:49,640

medical field is kind of based on this

464

00:20:54,909 --> 00:20:51,710

germ theory and that's a real

465

00:20:56,649 --> 00:20:54,919

cornerstone principle apparently this is

466

00:20:58,630 --> 00:20:56,659

a fallacy I mean where do we get this

467

00:21:00,370 --> 00:20:58,640

idea can you help us untangle this and

468

00:21:03,669 --> 00:21:00,380

make the case that it's not actually

469

00:21:04,210 --> 00:21:03,679

true yeah well the goal of modern

470

00:21:11,590 --> 00:21:04,220

medicine

471

00:21:14,110 --> 00:21:11,600

germs or bacterium bacteria caught

472

00:21:16,630 --> 00:21:14,120

microbes microorganisms living little

473

00:21:20,019 --> 00:21:16,640

wiggles caused disease and they have

474

00:21:23,080 --> 00:21:20,029

introduced another component into this

475

00:21:25,510 --> 00:21:23,090

theory viruses now Gregg viruses are not

476

00:21:27,639 --> 00:21:25,520

alive they're not organic and they do

477

00:21:30,810 --> 00:21:27,649

not cause disease there's no virus

478

00:21:34,450 --> 00:21:30,820

lurking in the pond to give you polio

479

00:21:37,180 --> 00:21:34,460

colds are not caused by viruses so this

480

00:21:41,080 --> 00:21:37,190

viral theory of disease is a fallacy but

481

00:21:44,110 --> 00:21:41,090

the bacterial possibilities of getting a

482

00:21:47,950 --> 00:21:44,120

disease are definitely real if you have

483

00:21:50,260 --> 00:21:47,960

too much invasion of organisms in your

484

00:21:53,440 --> 00:21:50,270

body and you don't have enough strength

485

00:21:56,200 --> 00:21:53,450

in terms of the energy level of yourself

486

00:22:00,130 --> 00:21:56,210

and your glands and your various systems

487

00:22:03,480 --> 00:22:00,140

to combat infiltration opportunistic

488

00:22:06,279 --> 00:22:03,490

little critters that want to eat your

489

00:22:08,470 --> 00:22:06,289

you know living tissues then you're

490

00:22:11,169 --> 00:22:08,480

gonna end up in a diseased state but

491

00:22:12,940 --> 00:22:11,179

with lots of conditions that modern life

492

00:22:16,029 --> 00:22:12,950

has brought to us that I've gone through

493

00:22:17,950 --> 00:22:16,039

already we don't have the battle with

494

00:22:20,769 --> 00:22:17,960

bacteria going on but we do have a

495

00:22:25,210 --> 00:22:20,779

battle with chemicals and so there were

496

00:22:28,960 --> 00:22:25,220

two rivals back in the early 1900s and

497

00:22:31,090 --> 00:22:28,970

they were Louis Pasteur who everyone has

498

00:22:33,789 --> 00:22:31,100

heard of he was a famous French

499

00:22:39,129 --> 00:22:33,799

scientist and then a guy called Antoine

500

00:22:42,879 --> 00:22:39,139

Vishal Bashan lived from 1816 to 1908

501
00:22:45,220 --> 00:22:42,889
and baizhang followed the or he didn't

502
00:22:47,889 --> 00:22:45,230
originate this concept but he was

503
00:22:50,229 --> 00:22:47,899
definitely putting it out that there is

504
00:22:55,539 --> 00:22:50,239
something in the body called bio terrain

505
00:22:59,440 --> 00:22:55,549
and if it's out of balance then we fall

506
00:23:02,289 --> 00:22:59,450
ill but it's the soil that keeps us

507
00:23:05,229 --> 00:23:02,299
healthy if we keep our internal soil in

508
00:23:06,879 --> 00:23:05,239
proper balance then germs and things

509
00:23:08,710 --> 00:23:06,889
that we've lived with for thousands and

510
00:23:12,220 --> 00:23:08,720
thousands and thousands of years are not

511
00:23:15,749 --> 00:23:12,230
gonna you know to get control over us

512
00:23:19,440 --> 00:23:15,759
but mainstream medicine believes that

513
00:23:23,049 --> 00:23:19,450

all illness is caused by germs or

514

00:23:28,570 --> 00:23:23,059

genetic weakness and their solution was

515

00:23:30,729 --> 00:23:28,580

to give us a drug drug intervention one

516

00:23:32,889 --> 00:23:30,739

drug to match each condition that they

517

00:23:35,049 --> 00:23:32,899

could identify if you have this

518

00:23:37,450 --> 00:23:35,059

condition go to this drug if this drug

519

00:23:40,659 --> 00:23:37,460

doesn't work then try this drug and that

520

00:23:43,269 --> 00:23:40,669

is a big moneymaker right but most

521

00:23:46,599 --> 00:23:43,279

illness is really due to cellular energy

522

00:23:50,169 --> 00:23:46,609

loss so your malfunction cellular

523

00:23:53,139 --> 00:23:50,179

toxicity cellular malnutrition and all

524

00:23:55,299 --> 00:23:53,149

of that can be avoided or overcome by

525

00:23:58,930 --> 00:23:55,309

natural means you can supply your cells

526
00:24:01,330 --> 00:23:58,940
with nutrients that they need minerals

527
00:24:03,879 --> 00:24:01,340
where mineral deficient were mineral

528
00:24:07,960 --> 00:24:03,889
vitamin nutrient and energy deficient

529
00:24:09,879 --> 00:24:07,970
we're not fighting germs so I wrote a

530
00:24:12,039 --> 00:24:09,889
newsletter on this and then I did

531
00:24:13,899 --> 00:24:12,049
another radio show about it and I don't

532
00:24:16,930 --> 00:24:13,909
know how much you want to get into it

533
00:24:19,840 --> 00:24:16,940
but I call it the breakdown of bio

534
00:24:23,080 --> 00:24:19,850
terrain and then the subsequent sepsis

535
00:24:28,629 --> 00:24:23,090
that develops in us if we you know

536
00:24:31,269 --> 00:24:28,639
cannot keep our own soil as pasture

537
00:24:34,419 --> 00:24:31,279
called it on his deathbed he admitted

538
00:24:37,119 --> 00:24:34,429

facial is right it is the soil not the

539

00:24:39,669 --> 00:24:37,129

germ that makes the plant grow but we've

540

00:24:43,330 --> 00:24:39,679

never heard this we continue to live in

541

00:24:47,139 --> 00:24:43,340

a culture that pushes drugs and claims

542

00:24:52,109 --> 00:24:47,149

that diseases are caused by viruses

543

00:24:54,579 --> 00:24:52,119

bacteria and genetic predisposition hmm

544

00:24:56,409 --> 00:24:54,589

yeah it seems like we find that in a lot

545

00:24:59,139 --> 00:24:56,419

of important areas where an entire

546

00:25:02,049 --> 00:24:59,149

fields way of thinking can be sourced

547

00:25:03,759 --> 00:25:02,059

back to just a few key players all the

548

00:25:06,789 --> 00:25:03,769

major work being done in a few key

549

00:25:08,739 --> 00:25:06,799

corporations and it's so susceptible to

550

00:25:11,079 --> 00:25:08,749

manipulation they can just fit the

551
00:25:12,519 --> 00:25:11,089
science to support the agenda and they

552
00:25:14,589 --> 00:25:12,529
can really influence how people think

553
00:25:16,419 --> 00:25:14,599
about things all inside the bubble

554
00:25:19,269 --> 00:25:16,429
because they control the schools and the

555
00:25:22,180 --> 00:25:19,279
universities the research labs and the

556
00:25:24,639 --> 00:25:22,190
flow of research funding and it's really

557
00:25:27,879 --> 00:25:24,649
hard to trust your life to alternatives

558
00:25:31,089 --> 00:25:27,889
or know which ones to support even in

559
00:25:33,339 --> 00:25:31,099
that world but another element I wanted

560
00:25:35,560 --> 00:25:33,349
to ask you about is the trophic chain

561
00:25:39,459 --> 00:25:35,570
that is an important piece of what we're

562
00:25:42,609 --> 00:25:39,469
talking about - right yes absolutely so

563
00:25:45,519 --> 00:25:42,619

as I learned about the difference

564

00:25:47,889 --> 00:25:45,529

between darkness and daylight that one

565

00:25:50,200 --> 00:25:47,899

promoted sepsis the other antisepsis

566

00:25:51,820 --> 00:25:50,210

as we could call it I thought about the

567

00:25:53,829 --> 00:25:51,830

trophic chain and I had learned about

568

00:25:57,579 --> 00:25:53,839

the trophic chain last year or the year

569

00:25:59,769 --> 00:25:57,589

before as I was pursuing a study of the

570

00:26:01,930 --> 00:25:59,779

ocean and the plastics in the ocean so

571

00:26:04,329 --> 00:26:01,940

there are terrific chains all over the

572

00:26:07,450 --> 00:26:04,339

earth there's a marine chain there's a

573

00:26:08,799 --> 00:26:07,460

trophic chain and you know Siberia and

574

00:26:10,989 --> 00:26:08,809

there's a trophic chain and the

575

00:26:13,119 --> 00:26:10,999

rainforest and they're all a little bit

576

00:26:15,999 --> 00:26:13,129

different but they're all set up

577

00:26:18,459 --> 00:26:16,009

structured the same way so at the bottom

578

00:26:21,909 --> 00:26:18,469

of the trophic chain are what we call

579

00:26:24,639 --> 00:26:21,919

the producers they are life-forms that

580

00:26:27,820 --> 00:26:24,649

produce their own food from sunlight so

581

00:26:30,249 --> 00:26:27,830

plants use chlorophyll use light to make

582

00:26:33,099 --> 00:26:30,259

chlorophyll which gives them their green

583

00:26:36,789 --> 00:26:33,109

color and they don't go out and hunt

584

00:26:39,639 --> 00:26:36,799

they suck up sunlight and they can

585

00:26:43,389 --> 00:26:39,649

produce their own food and they become

586

00:26:45,479 --> 00:26:43,399

the food supply for levels of the

587

00:26:48,489 --> 00:26:45,489

trophic chain above them which are

588

00:26:50,499 --> 00:26:48,499

consumer levels so there's all kinds of

589

00:26:52,359 --> 00:26:50,509

consumers there are small consumers that

590

00:26:54,070 --> 00:26:52,369

eat plants and bigger consumers that eat

591

00:26:57,459 --> 00:26:54,080

those consumers but there are also very

592

00:27:00,069 --> 00:26:57,469

large size consumers like the big whales

593

00:27:00,680 --> 00:27:00,079

that are plant feeding right and big

594

00:27:03,140 --> 00:27:00,690

animals

595

00:27:05,300 --> 00:27:03,150

herbivores that are plant feeding but at

596

00:27:08,510 --> 00:27:05,310

the very top of the trophic chain you

597

00:27:10,660 --> 00:27:08,520

get the apex consumers sometimes called

598

00:27:15,110 --> 00:27:10,670

apex predators and those would be

599

00:27:17,840 --> 00:27:15,120

animals that have no rivals they are

600

00:27:19,850 --> 00:27:17,850

among the strongest on the planet and in

601
00:27:21,890 --> 00:27:19,860
their region they dominate so the

602
00:27:26,180 --> 00:27:21,900
rattlesnake is one the rattlesnake is a

603
00:27:29,690 --> 00:27:26,190
very venomous reptile and might be the

604
00:27:33,020 --> 00:27:29,700
apex consumer in the desert but you also

605
00:27:36,320 --> 00:27:33,030
have silver wolves and you've got lions

606
00:27:38,810 --> 00:27:36,330
and tigers and great white sharks and

607
00:27:40,400 --> 00:27:38,820
bull sharks and tiger sharks so those

608
00:27:42,980 --> 00:27:40,410
are the different kinds of apex

609
00:27:46,130 --> 00:27:42,990
consumers that you would encounter in

610
00:27:48,800 --> 00:27:46,140
different parts of the earth but when

611
00:27:51,980 --> 00:27:48,810
they die what happens to them when a

612
00:27:54,830 --> 00:27:51,990
large body loses life and the carcass

613
00:27:57,500 --> 00:27:54,840

lots on the ground it's set upon by

614

00:28:02,570 --> 00:27:57,510

scavengers so there another sort of side

615

00:28:05,090 --> 00:28:02,580

group to the trophic chain but among the

616

00:28:06,890 --> 00:28:05,100

scavengers or above and beyond the

617

00:28:09,590 --> 00:28:06,900

scavengers are what we call the

618

00:28:11,630 --> 00:28:09,600

decomposers there are other word for

619

00:28:15,200 --> 00:28:11,640

them as detritivores they eat the

620

00:28:20,000 --> 00:28:15,210

detritus and decomposers are the kingdom

621

00:28:23,330 --> 00:28:20,010

of organisms fungi they will be even

622

00:28:27,650 --> 00:28:23,340

bugs and insects that come and descend

623

00:28:31,370 --> 00:28:27,660

on rotting decaying matter and they bore

624

00:28:35,090 --> 00:28:31,380

into it or they process it and they turn

625

00:28:37,850 --> 00:28:35,100

it into nutrients for the earth again

626

00:28:40,970 --> 00:28:37,860

which the producers will draw on to

627

00:28:44,960 --> 00:28:40,980

create their life so that's basically

628

00:28:48,260 --> 00:28:44,970

the trophic chain and in our bodies we

629

00:28:51,760 --> 00:28:48,270

have lots of organisms millions and

630

00:28:54,980 --> 00:28:51,770

millions some even say trillions of

631

00:28:58,040 --> 00:28:54,990

microorganisms that are in the fungal

632

00:29:02,780 --> 00:28:58,050

world and also the bacterial world and

633

00:29:05,480 --> 00:29:02,790

they are taking a ride in our bodies and

634

00:29:11,600 --> 00:29:05,490

on our bodies and they will go to work

635

00:29:14,870 --> 00:29:11,610

when we have food for them so they even

636

00:29:16,580 --> 00:29:14,880

I believe and others who are far more

637

00:29:20,090 --> 00:29:16,590

advanced than I am have suggested this

638

00:29:23,620 --> 00:29:20,100

they are pleomorphic in that they can

639

00:29:26,090 --> 00:29:23,630

alter themselves and regenerate in

640

00:29:28,520 --> 00:29:26,100

different forms you could say different

641

00:29:30,320 --> 00:29:28,530

incarnations based on the food the

642

00:29:33,650 --> 00:29:30,330

buffet that they have available so

643

00:29:35,660 --> 00:29:33,660

they're very pliable organisms in that

644

00:29:38,990 --> 00:29:35,670

they can they regenerate remember very

645

00:29:41,330 --> 00:29:39,000

quickly mold will grow very very fast so

646

00:29:44,000 --> 00:29:41,340

the lifecycle of these organisms is

647

00:29:46,280 --> 00:29:44,010

extremely rapid and they can tailor

648

00:29:49,010 --> 00:29:46,290

themselves to the menu available to them

649

00:29:52,250 --> 00:29:49,020

but we have in our bodies a process

650

00:29:54,950 --> 00:29:52,260

called inflammation so when we get hurt

651
00:29:57,140 --> 00:29:54,960
or we start to suffer in some way

652
00:30:00,260 --> 00:29:57,150
there's not enough health going on in a

653
00:30:02,870 --> 00:30:00,270
certain area the body will produce this

654
00:30:06,230 --> 00:30:02,880
condition called inflammation and the

655
00:30:09,530 --> 00:30:06,240
medical world erroneously tells us that

656
00:30:11,900 --> 00:30:09,540
inflammation causes disease they say

657
00:30:13,870 --> 00:30:11,910
that because everywhere you look where

658
00:30:17,420 --> 00:30:13,880
there's lack of health there is

659
00:30:19,430 --> 00:30:17,430
inflammation and so yes a person who's

660
00:30:21,470 --> 00:30:19,440
not thinking clearly would say oh my

661
00:30:23,360 --> 00:30:21,480
gosh look I found information here and

662
00:30:26,270 --> 00:30:23,370
here and here and here it must cause the

663
00:30:30,680 --> 00:30:26,280

disease but the reality is that

664

00:30:33,140 --> 00:30:30,690

inflammation accompanies the state of

665

00:30:38,060 --> 00:30:33,150

disease does that make sense

666

00:30:40,160 --> 00:30:38,070

it does so your body when you hurt

667

00:30:44,660 --> 00:30:40,170

yourself let's say you fall down and

668

00:30:48,350 --> 00:30:44,670

sprain your ankle or you are wounded or

669

00:30:52,790 --> 00:30:48,360

a bee stings you or something your body

670

00:30:54,590 --> 00:30:52,800

will create an enlarged area around that

671

00:30:58,100 --> 00:30:54,600

site that's the first sign of

672

00:31:01,660 --> 00:30:58,110

inflammation swelling right mm-hmm what

673

00:31:04,970 --> 00:31:01,670

is it doing it's actually opening up

674

00:31:07,880 --> 00:31:04,980

passages it's opening up blood vessels

675

00:31:11,450 --> 00:31:07,890

its enlarging the tissue so that the

676
00:31:13,450 --> 00:31:11,460
channels for repair are easier for

677
00:31:16,610 --> 00:31:13,460
nutrients and repair materials

678
00:31:21,250 --> 00:31:16,620
subcellular repair materials to travel

679
00:31:24,800 --> 00:31:21,260
through right mm-hmm so you've got this

680
00:31:27,620 --> 00:31:24,810
opening of flesh inside your body and

681
00:31:28,610 --> 00:31:27,630
then the heat is produced the area gets

682
00:31:30,980 --> 00:31:28,620
red because

683
00:31:33,290 --> 00:31:30,990
there's increased blood flow to it now

684
00:31:39,040 --> 00:31:33,300
and that's all for purposes of fixing

685
00:31:41,990 --> 00:31:39,050
what's damaged so typically the

686
00:31:45,320 --> 00:31:42,000
conventionally educated world doctors

687
00:31:46,610 --> 00:31:45,330
and even trainers and coaches when you

688
00:31:50,660 --> 00:31:46,620

sprain your ankle they'll tell you oh

689

00:31:53,330 --> 00:31:50,670

just elevate it ice it wrap it up in an

690

00:31:55,549 --> 00:31:53,340

ace bandage so why would you elevate a

691

00:31:57,260 --> 00:31:55,559

part of your body that got hurt and

692

00:31:59,210 --> 00:31:57,270

drain all the blood out of it when your

693

00:32:02,540 --> 00:31:59,220

body is trying to bring more blood to it

694

00:32:04,220 --> 00:32:02,550

why would you put ice on it and freeze

695

00:32:06,830 --> 00:32:04,230

it and make all those vessels

696

00:32:08,930 --> 00:32:06,840

constricted and tight when your buddy is

697

00:32:11,060 --> 00:32:08,940

trying to open up the tissue so we can

698

00:32:13,580 --> 00:32:11,070

get the fibroblasts and all the proper

699

00:32:16,190 --> 00:32:13,590

cells to the area for the job of fixing

700

00:32:19,640 --> 00:32:16,200

and why would you wrap an ace bandage

701
00:32:21,610 --> 00:32:19,650
around this area tightly your body puts

702
00:32:24,440 --> 00:32:21,620
you in pain it creates rigidity

703
00:32:25,850 --> 00:32:24,450
stiffness and pains all are

704
00:32:27,590 --> 00:32:25,860
characteristics that accompany

705
00:32:30,260 --> 00:32:27,600
inflammation and swelling because it's

706
00:32:34,640 --> 00:32:30,270
telling you hey dude don't move this I

707
00:32:37,390 --> 00:32:34,650
have to fix it right so what goes to

708
00:32:43,250 --> 00:32:37,400
work in the process of inflammation is

709
00:32:47,030 --> 00:32:43,260
this four or five step cleanup and

710
00:32:52,280 --> 00:32:47,040
repair mechanism so you've got cells

711
00:32:56,540 --> 00:32:52,290
that come in cells and enzymes and they

712
00:32:59,930 --> 00:32:56,550
actually want to do the job of fixing so

713
00:33:03,049 --> 00:32:59,940

what are they doing the first things

714

00:33:05,690 --> 00:33:03,059

that come in are lysosomes which are

715

00:33:08,060 --> 00:33:05,700

enzymes that begin to digest injured

716

00:33:13,240 --> 00:33:08,070

cell materials so we've got cells inside

717

00:33:17,570 --> 00:33:13,250

us that eat up our own bad tissue and

718

00:33:19,580 --> 00:33:17,580

then you get a process this is all the

719

00:33:23,030 --> 00:33:19,590

part of the process of chemotaxis

720

00:33:25,880 --> 00:33:23,040

chemotaxis means cleanup and the body

721

00:33:29,440 --> 00:33:25,890

has a lineup of these what they call big

722

00:33:32,990 --> 00:33:29,450

eater cells so you have phagocytes

723

00:33:36,350 --> 00:33:33,000

neutrophils eosinophils and macrophages

724

00:33:38,720 --> 00:33:36,360

and they come in in sequence and each

725

00:33:42,200 --> 00:33:38,730

has a different function each has a

726

00:33:42,540 --> 00:33:42,210

different menu item even and each of

727

00:33:46,080 --> 00:33:42,550

those

728

00:33:49,140 --> 00:33:46,090

releases different kinds of enzymes so

729

00:33:49,860 --> 00:33:49,150

that the repair process can go on as it

730

00:33:53,130 --> 00:33:49,870

needs to

731

00:33:56,250 --> 00:33:53,140

so the macrophages are at the end of the

732

00:33:59,430 --> 00:33:56,260

line and they actually consume the

733

00:34:02,270 --> 00:33:59,440

earlier stage cells they'll eat up the

734

00:34:06,290 --> 00:34:02,280

phagocytes neutrophils eosinophils and

735

00:34:09,180 --> 00:34:06,300

that is when the lymphocytes follow

736

00:34:12,840 --> 00:34:09,190

those are repair oriented white blood

737

00:34:16,050 --> 00:34:12,850

cells and they bring with them the

738

00:34:18,780 --> 00:34:16,060

materials to regenerate tissues they are

739

00:34:21,800 --> 00:34:18,790

able to turn nutrients in the blood into

740

00:34:25,350 --> 00:34:21,810

tissue regenerators so there's a

741

00:34:28,440 --> 00:34:25,360

biochemistry in inflammation and the

742

00:34:31,320 --> 00:34:28,450

repair process is pretty striking so

743

00:34:35,220 --> 00:34:31,330

when you allow those nutrients and those

744

00:34:40,770 --> 00:34:35,230

repairing cells to come in in adequate

745

00:34:43,770 --> 00:34:40,780

supply you get healing when you bind up

746

00:34:46,800 --> 00:34:43,780

and freeze and drain the blood out of

747

00:34:49,470 --> 00:34:46,810

those tissues you are actually setting

748

00:34:52,560 --> 00:34:49,480

yourself up for improper unfinished

749

00:34:55,470 --> 00:34:52,570

incomplete healing and therefore a

750

00:34:57,720 --> 00:34:55,480

chronic problem this is how people go oh

751
00:34:59,980 --> 00:34:57,730
I have a bad knee yeah it's from playing

752
00:35:02,109 --> 00:34:59,990
football in high school

753
00:35:06,160 --> 00:35:02,119
but that's because they did not allow

754
00:35:07,870 --> 00:35:06,170
the repair to go on till it was done so

755
00:35:11,010 --> 00:35:07,880
all of the things that modern

756
00:35:14,050 --> 00:35:11,020
methodologies give us antihistamines

757
00:35:17,680 --> 00:35:14,060
anti-inflammatories antibiotics they

758
00:35:20,980 --> 00:35:17,690
sabotage the body's repair process now

759
00:35:23,710 --> 00:35:20,990
when your body cannot do adequate

760
00:35:26,109 --> 00:35:23,720
delivery to a site that's damaged all

761
00:35:29,550 --> 00:35:26,119
the repair materials because it's been

762
00:35:33,280 --> 00:35:29,560
let's say impeded by modern medicine

763
00:35:37,810 --> 00:35:33,290

suggestions right you will have too many

764

00:35:42,420 --> 00:35:37,820

dying cells too many unrepaired damaged

765

00:35:45,220 --> 00:35:42,430

tissues in that area and that's when the

766

00:35:47,710 --> 00:35:45,230

opportunistic microorganisms that live

767

00:35:51,010 --> 00:35:47,720

inside you the fungi and the bacteria

768

00:35:53,530 --> 00:35:51,020

they are called into action they say oh

769

00:35:56,230 --> 00:35:53,540

my gosh I gotta start eating look at the

770

00:35:58,540 --> 00:35:56,240

buffet I have and they start feeding on

771

00:36:01,090 --> 00:35:58,550

those materials in your body that are

772

00:36:03,430 --> 00:36:01,100

not repaired and that are dead and dying

773

00:36:06,160 --> 00:36:03,440

Organic degree those are the

774

00:36:10,900 --> 00:36:06,170

detritivores the decomposers that live

775

00:36:13,630 --> 00:36:10,910

within our bodies and if our body still

776

00:36:15,790 --> 00:36:13,640

cannot bring in enough repair materials

777

00:36:18,820 --> 00:36:15,800

now that the stuff that's toxifying our

778

00:36:22,150 --> 00:36:18,830

own debris will toxify us eventually if

779

00:36:22,570 --> 00:36:22,160

the body cannot get caught up so to

780

00:36:24,880 --> 00:36:22,580

speak

781

00:36:28,390 --> 00:36:24,890

while the detritivores that we contain

782

00:36:32,010 --> 00:36:28,400

start helping then you get a complete

783

00:36:33,609 --> 00:36:32,020

over production of detritivores of

784

00:36:36,340 --> 00:36:33,619

microorganisms and then your blood

785

00:36:39,099 --> 00:36:36,350

becomes contaminated by them because of

786

00:36:40,660 --> 00:36:39,109

their waste materials and that's when

787

00:36:44,410 --> 00:36:40,670

you go into a state called septic shock

788

00:36:47,050 --> 00:36:44,420

so what do antibiotics do I had to

789

00:36:49,800 --> 00:36:47,060

figure this up by pure thinking when

790

00:36:52,330 --> 00:36:49,810

your body when your cells are not

791

00:36:55,120 --> 00:36:52,340

supplying or coming in in the right

792

00:36:57,960 --> 00:36:55,130

formation and numbers to fix a damaged

793

00:37:00,190 --> 00:36:57,970

area and the bacterium and the

794

00:37:02,710 --> 00:37:00,200

microorganisms inside you are taking

795

00:37:05,530 --> 00:37:02,720

over and they are becoming too plentiful

796

00:37:08,290 --> 00:37:05,540

there's too much population of that then

797

00:37:10,660 --> 00:37:08,300

antibiotics are given to you and boom

798

00:37:11,800 --> 00:37:10,670

they kill off the bacteria so now you

799

00:37:12,859 --> 00:37:11,810

have another chance

800

00:37:15,980 --> 00:37:12,869

now you don't

801
00:37:18,710 --> 00:37:15,990
have a bacterial over reproduction you

802
00:37:21,890 --> 00:37:18,720
have a chance to start if you're given

803
00:37:23,690 --> 00:37:21,900
enough other nutrients along with it and

804
00:37:25,460 --> 00:37:23,700
they do they'll give you glucose saline

805
00:37:28,489 --> 00:37:25,470
solution there give you certain minerals

806
00:37:29,779 --> 00:37:28,499
that will help you to get caught up but

807
00:37:31,549 --> 00:37:29,789
they're not giving you enough of the

808
00:37:33,670 --> 00:37:31,559
right materials in a hospital setting

809
00:37:36,920 --> 00:37:33,680
but if you know enough to seek

810
00:37:40,549 --> 00:37:36,930
additional nutritional support for

811
00:37:43,700 --> 00:37:40,559
cellular biology then you can get caught

812
00:37:47,180 --> 00:37:43,710
up and those bacteria will not overcrowd

813
00:37:49,579 --> 00:37:47,190

your body but antibiotics don't always

814

00:37:53,569 --> 00:37:49,589

work and when they don't work it's

815

00:37:57,380 --> 00:37:53,579

because you just didn't have enough of a

816

00:37:59,749 --> 00:37:57,390

chance to catch up and bacterial over

817

00:38:02,239 --> 00:37:59,759

production will get you in the end or

818

00:38:04,549 --> 00:38:02,249

the antibiotics will kill off good and

819

00:38:07,279 --> 00:38:04,559

helpful bacteria as well as we know they

820

00:38:10,460 --> 00:38:07,289

do so I don't know that makes sense but

821

00:38:12,200 --> 00:38:10,470

we have a system of cooperation in our

822

00:38:14,299 --> 00:38:12,210

bodies we have our own process of

823

00:38:17,210 --> 00:38:14,309

cellular repair which includes

824

00:38:20,299 --> 00:38:17,220

chemotaxis and the elimination and

825

00:38:23,269 --> 00:38:20,309

ingestion and absorption you could say

826

00:38:25,249 --> 00:38:23,279

our own dying tissues and when we cannot

827

00:38:28,130 --> 00:38:25,259

do enough of that when the dying tissues

828

00:38:30,380 --> 00:38:28,140

still keep occurring we've got bacteria

829

00:38:32,839 --> 00:38:30,390

and organisms that live inside us fungi

830

00:38:36,170 --> 00:38:32,849

like yeast candida candida will eat

831

00:38:38,839 --> 00:38:36,180

dying cells and when Candida has a ton

832

00:38:41,150 --> 00:38:38,849

of food to eat a ton of dying cells you

833

00:38:44,450 --> 00:38:41,160

have a candida infection that's also a

834

00:38:46,910 --> 00:38:44,460

state of sepsis they call it so you've

835

00:38:49,849 --> 00:38:46,920

got to keep that all in balance and

836

00:38:51,920 --> 00:38:49,859

you've got to be able to bring in proper

837

00:38:55,489 --> 00:38:51,930

nutrients into your body as it's trying

838

00:38:58,880 --> 00:38:55,499

to keep these cells rebuilding and the

839

00:39:01,069 --> 00:38:58,890

bacteria at bay the bacteria are helpers

840

00:39:03,680 --> 00:39:01,079

they are called in when your cells are

841

00:39:05,059 --> 00:39:03,690

dying too many numbers so I don't know

842

00:39:07,759 --> 00:39:05,069

hopefully that makes sense so it's this

843

00:39:10,700 --> 00:39:07,769

whole cooperation system that's at the

844

00:39:13,099 --> 00:39:10,710

root of life right yeah it definitely

845

00:39:15,829 --> 00:39:13,109

does make sense although it is a kind of

846

00:39:17,900 --> 00:39:15,839

a new paradigm to hear about although I

847

00:39:19,880 --> 00:39:17,910

have talked to some researchers about

848

00:39:22,130 --> 00:39:19,890

things connected to this like

849

00:39:24,529 --> 00:39:22,140

antibiotics and the idea that only

850

00:39:26,660 --> 00:39:24,539

because of the massive infections during

851

00:39:28,730 --> 00:39:26,670

war and the rolling out of pen

852

00:39:31,070 --> 00:39:28,740

Selin you know that was actually

853

00:39:33,710 --> 00:39:31,080

responsible for the polio problem which

854

00:39:35,570 --> 00:39:33,720

then they solved with a vaccine that was

855

00:39:37,850 --> 00:39:35,580

tainted with the sv40 virus which

856

00:39:39,800 --> 00:39:37,860

created our modern cancer epidemic so

857

00:39:42,080 --> 00:39:39,810

I've talked about some things that are

858

00:39:44,210 --> 00:39:42,090

similar to this or in this realm but it

859

00:39:46,520 --> 00:39:44,220

does seem like they'll roll out

860

00:39:48,590 --> 00:39:46,530

something to solve one problem that

861

00:39:50,150 --> 00:39:48,600

creates an even bigger problem they

862

00:39:52,010 --> 00:39:50,160

patch that up with something else that

863

00:39:54,140 --> 00:39:52,020

creates an even bigger problem it's the

864

00:39:56,960 --> 00:39:54,150

same problem reaction solution applied

865

00:40:00,290 --> 00:39:56,970

to the medical field it seems but it is

866

00:40:03,950 --> 00:40:00,300

a you know a tangled web for sure well

867

00:40:05,540 --> 00:40:03,960

quick I would volunteer that they are

868

00:40:07,640 --> 00:40:05,550

creating problems and then they're

869

00:40:09,680 --> 00:40:07,650

trotting out their solutions but these

870

00:40:14,060 --> 00:40:09,690

are not actual solutions they're just

871

00:40:16,550 --> 00:40:14,070

write further problems so cancer is not

872

00:40:21,140 --> 00:40:16,560

caused by a virus I have to tell you

873

00:40:23,330 --> 00:40:21,150

it's just not and this whole idea it's

874

00:40:25,610 --> 00:40:23,340

the same as you know AIDS was created in

875

00:40:28,180 --> 00:40:25,620

Fort Detrick AIDS is not caused by a

876

00:40:34,550 --> 00:40:28,190

virus both cancer and AIDS are

877

00:40:39,680 --> 00:40:34,560

conditions of enormous cellular energy

878

00:40:43,130 --> 00:40:39,690

deficiency cells require energy to

879

00:40:46,640 --> 00:40:43,140

function and the energy currency of the

880

00:40:48,310 --> 00:40:46,650

cell is adenosine triphosphate ATP have

881

00:40:52,610 --> 00:40:48,320

you heard of that mm-hmm

882

00:40:57,170 --> 00:40:52,620

so what happens is mitochondria are the

883

00:41:01,160 --> 00:40:57,180

organisms in the cell that furnish the

884

00:41:03,230 --> 00:41:01,170

cell with ATP it's one of the molecules

885

00:41:06,020 --> 00:41:03,240

that the body actually recycles but it

886

00:41:07,970 --> 00:41:06,030

will recycle cholesterol and recycle ATP

887

00:41:12,350 --> 00:41:07,980

so depending on what kind of cell you

888

00:41:17,030 --> 00:41:12,360

have it has millions up to millions of

889

00:41:19,580 --> 00:41:17,040

ATP in it and your cells drink electrons

890

00:41:22,340 --> 00:41:19,590

out of the ATP all day long to do

891

00:41:24,710 --> 00:41:22,350

everything and if you don't have enough

892

00:41:27,140 --> 00:41:24,720

electrons that's what life is life is

893

00:41:30,470 --> 00:41:27,150

the intake of electrons on the cellular

894

00:41:32,270 --> 00:41:30,480

level the cells become exhausted they

895

00:41:34,250 --> 00:41:32,280

can't do their house keeping they can't

896

00:41:36,110 --> 00:41:34,260

detox they can't rebuild they can't

897

00:41:38,370 --> 00:41:36,120

repair their membranes and all kinds of

898

00:41:42,410 --> 00:41:38,380

stuff they can't do and they start dying

899

00:41:45,960 --> 00:41:42,420

but before they die completely cells can

900

00:41:49,040 --> 00:41:45,970

they make a last-ditch effort to survive

901
00:41:54,720 --> 00:41:49,050
now you know that cells reproduce by

902
00:41:57,870 --> 00:41:54,730
division and a cell or a cell line can

903
00:41:59,970 --> 00:41:57,880
go through 70 subdivisions in our bodies

904
00:42:01,140 --> 00:41:59,980
and then it's retired it's told that's

905
00:42:04,920 --> 00:42:01,150
it you're too old

906
00:42:08,880 --> 00:42:04,930
new cells will replace you so when cells

907
00:42:11,840 --> 00:42:08,890
become extremely tired extremely energy

908
00:42:14,460 --> 00:42:11,850
deficient it's called oxidative stress

909
00:42:17,820 --> 00:42:14,470
because there's too much energy loss and

910
00:42:22,290 --> 00:42:17,830
not enough energy resupply when cells

911
00:42:26,510 --> 00:42:22,300
become oxidated and they're in too much

912
00:42:28,710 --> 00:42:26,520
energy loss they will go into psycho

913
00:42:31,170 --> 00:42:28,720

reproduction they will just subdivide

914

00:42:34,650 --> 00:42:31,180

subdivide subdivide there's a program in

915

00:42:36,840 --> 00:42:34,660

the body called apoptosis that tells

916

00:42:40,740 --> 00:42:36,850

cells when they need to retire and these

917

00:42:42,840 --> 00:42:40,750

cells that are very energy deprived can

918

00:42:45,360 --> 00:42:42,850

become death to that program and they

919

00:42:48,390 --> 00:42:45,370

just keep subdividing and that is a

920

00:42:51,120 --> 00:42:48,400

tumor that's called an infinite cell or

921

00:42:54,120 --> 00:42:51,130

a V ro cell line and that's what cancer

922

00:42:56,430 --> 00:42:54,130

is cancer is a cell that can no longer

923

00:42:58,650 --> 00:42:56,440

make energy in the nucleus with the

924

00:43:00,570 --> 00:42:58,660

mitochondria and it turns to the

925

00:43:02,670 --> 00:43:00,580

cytoplasm temporarily this is a

926

00:43:05,820 --> 00:43:02,680

throwback mechanism we have we're about

927

00:43:08,640 --> 00:43:05,830

20 percent glucose feeding and 80

928

00:43:11,070 --> 00:43:08,650

percent oxygen metabolizing so the cell

929

00:43:13,320 --> 00:43:11,080

becomes what's called glycolytic and it

930

00:43:17,280 --> 00:43:13,330

starts to make energy in the cytoplasm

931

00:43:19,110 --> 00:43:17,290

using enzymes out of glucose and it can

932

00:43:22,080 --> 00:43:19,120

do that for a while it's cancer cells

933

00:43:23,670 --> 00:43:22,090

also become very well defended the first

934

00:43:26,370 --> 00:43:23,680

thing they do is put up a very thick

935

00:43:28,260 --> 00:43:26,380

protein shield around themselves and

936

00:43:30,660 --> 00:43:28,270

they don't want anything coming in

937

00:43:33,570 --> 00:43:30,670

because they're so weak and the only

938

00:43:36,090 --> 00:43:33,580

materials in your body that can break

939

00:43:38,670 --> 00:43:36,100

down that protein that the cancer cell

940

00:43:41,010 --> 00:43:38,680

has around it are the twin enzymes from

941

00:43:44,340 --> 00:43:41,020

the pancreas trypsin and chymotrypsin

942

00:43:49,500 --> 00:43:44,350

and unfortunately these enzymes are used

943

00:43:51,770 --> 00:43:49,510

in the digestion of meat and soy so this

944

00:43:54,830 --> 00:43:51,780

is why you can actually increase the

945

00:43:57,550 --> 00:43:54,840

of a cancerous tumor by adding meat and

946

00:44:02,450 --> 00:43:57,560

soy to the diet and animal products or

947

00:44:04,850 --> 00:44:02,460

taking them out so soy protein is a very

948

00:44:07,640 --> 00:44:04,860

complex difficult protein to break down

949

00:44:09,560 --> 00:44:07,650

just like animal protein so that's the

950

00:44:11,900 --> 00:44:09,570

nature of cancer it's pure energy

951
00:44:14,540 --> 00:44:11,910
deficiency and AIDS is simply a

952
00:44:19,070 --> 00:44:14,550
collection of symptoms that are caused

953
00:44:21,410 --> 00:44:19,080
by energy deficiency not by HIV or any

954
00:44:23,900 --> 00:44:21,420
virus and I would recommend the work of

955
00:44:26,000 --> 00:44:23,910
dr. banks Nancy Turner banks the book

956
00:44:29,930 --> 00:44:26,010
called AIDS opium diamonds and Empire

957
00:44:32,590 --> 00:44:29,940
it's a very dense thick book but it will

958
00:44:35,420 --> 00:44:32,600
drill this information into your head

959
00:44:37,100 --> 00:44:35,430
and this does make sense and I just want

960
00:44:39,680 --> 00:44:37,110
to elaborate on it a little bit more

961
00:44:42,830 --> 00:44:39,690
because it is such a different paradigm

962
00:44:44,720 --> 00:44:42,840
for people listening most likely but

963
00:44:47,090 --> 00:44:44,730

what is disease really because I mean

964

00:44:49,640 --> 00:44:47,100

people do get sick with things were told

965

00:44:51,650 --> 00:44:49,650

or viruses like the flu or chickenpox or

966

00:44:54,110 --> 00:44:51,660

even sexually transmitted diseases like

967

00:44:55,730 --> 00:44:54,120

herpes and whatnot of course we can't

968

00:44:57,560 --> 00:44:55,740

see these things with the naked eye but

969

00:44:59,390 --> 00:44:57,570

it seems fairly easy to see the cause

970

00:45:01,220 --> 00:44:59,400

and effect in some of these cases if you

971

00:45:02,930 --> 00:45:01,230

sleep with someone who has gonorrhea

972

00:45:05,540 --> 00:45:02,940

you're gonna get it if you hang out

973

00:45:07,940 --> 00:45:05,550

around someone with chickenpox you're

974

00:45:09,920 --> 00:45:07,950

might get it should we be seeing these

975

00:45:12,110 --> 00:45:09,930

things differently is there or something

976
00:45:15,590 --> 00:45:12,120
about this contagiousness element that's

977
00:45:18,200 --> 00:45:15,600
a fallacy yes we should be seeing these

978
00:45:19,880 --> 00:45:18,210
things differently and look I am NOT a

979
00:45:21,740 --> 00:45:19,890
scientist so you're gonna have to bear

980
00:45:25,160 --> 00:45:21,750
with me as I try to explain it because

981
00:45:28,310 --> 00:45:25,170
this is new to me - all right mm-hmm

982
00:45:32,710 --> 00:45:28,320
so I'll explain to you what I think a

983
00:45:36,400 --> 00:45:32,720
cold is and it has to do with sepsis so

984
00:45:38,990 --> 00:45:36,410
come fall where we are now the Sun is

985
00:45:40,580 --> 00:45:39,000
that we'll call it receding there's less

986
00:45:43,550 --> 00:45:40,590
of it it gets dark early it's much

987
00:45:48,440 --> 00:45:43,560
colder yeah mm-hm and we are busy

988
00:45:50,300 --> 00:45:48,450

creating energy to keep warm and in the

989

00:45:53,120 --> 00:45:50,310

old days we didn't have enough of the

990

00:45:56,050 --> 00:45:53,130

right foods we were vitamin and nutrient

991

00:45:58,790 --> 00:45:56,060

deprived in these seasons but mainly

992

00:46:01,850 --> 00:45:58,800

what I want to focus on is our tissues

993

00:46:04,340 --> 00:46:01,860

so we've got we have certain tissues

994

00:46:05,300 --> 00:46:04,350

that are constantly exposed to the

995

00:46:09,110 --> 00:46:05,310

environment

996

00:46:11,300 --> 00:46:09,120

your mouth your nose your respiratory

997

00:46:15,320 --> 00:46:11,310

tract you're inhaling you breathe like

998

00:46:17,900 --> 00:46:15,330

20 to 25,000 times a day right so all

999

00:46:20,210 --> 00:46:17,910

this stuff is coming in and your body

1000

00:46:23,570 --> 00:46:20,220

needs to replace and repair these

1001
00:46:25,280 --> 00:46:23,580
membranes and these tissue linings on a

1002
00:46:27,290 --> 00:46:25,290
seasonal basis

1003
00:46:29,840 --> 00:46:27,300
you can't expect for your lung tissue to

1004
00:46:31,820 --> 00:46:29,850
last all your life so your body goes

1005
00:46:33,710 --> 00:46:31,830
through especially in the winter as

1006
00:46:36,100 --> 00:46:33,720
winter is coming they call it cold and

1007
00:46:39,290 --> 00:46:36,110
flu season your body goes through a

1008
00:46:41,630 --> 00:46:39,300
replenishment a rebuilding of important

1009
00:46:44,210 --> 00:46:41,640
tissues that encounter the environment

1010
00:46:48,560 --> 00:46:44,220
these would be in your nasal passages in

1011
00:46:51,500 --> 00:46:48,570
your throat and in your lungs so what

1012
00:46:53,570 --> 00:46:51,510
happens you have to hack cough sneeze

1013
00:46:56,600 --> 00:46:53,580

you have to remove all those old cells

1014

00:46:58,730 --> 00:46:56,610

and then you have to build new ones and

1015

00:47:02,000 --> 00:46:58,740

it takes a lot of energy to build new

1016

00:47:04,430 --> 00:47:02,010

cells so you feel crappy you're tired

1017

00:47:06,290 --> 00:47:04,440

your body runs a fever because while

1018

00:47:09,530 --> 00:47:06,300

it's kicking out all those dying cells

1019

00:47:11,360 --> 00:47:09,540

the microorganisms are are going hey we

1020

00:47:13,790 --> 00:47:11,370

have fluid look everyone let's eat this

1021

00:47:16,370 --> 00:47:13,800

stuff we don't want those microorganisms

1022

00:47:18,950 --> 00:47:16,380

to go into overproduction so heat fever

1023

00:47:20,960 --> 00:47:18,960

keeps those numbers down and you hack

1024

00:47:22,520 --> 00:47:20,970

and sniff and sneeze and then you're

1025

00:47:26,060 --> 00:47:22,530

okay and you feel much stronger because

1026
00:47:27,680 --> 00:47:26,070
now you have all-new linings so this is

1027
00:47:29,780 --> 00:47:27,690
why when you go over to a friend's house

1028
00:47:31,820 --> 00:47:29,790
and their kids are hacking and sneezing

1029
00:47:33,790 --> 00:47:31,830
and they're sick you don't get sick

1030
00:47:37,120 --> 00:47:33,800
because you just did it three weeks ago

1031
00:47:40,040 --> 00:47:37,130
if you go to their house and all this

1032
00:47:43,040 --> 00:47:40,050
stuff these little droplets are in the

1033
00:47:43,880 --> 00:47:43,050
air and you do gets it it could be for

1034
00:47:46,280 --> 00:47:43,890
two reasons

1035
00:47:48,110 --> 00:47:46,290
one that you're getting a resonance

1036
00:47:50,360 --> 00:47:48,120
signal your body is being you know

1037
00:47:53,120 --> 00:47:50,370
reminded hey have you done this yet no

1038
00:47:54,590 --> 00:47:53,130

we should do it then or you are

1039

00:47:58,280 --> 00:47:54,600

experiencing what's called the

1040

00:48:00,980 --> 00:47:58,290

microbiome of too many people and you

1041

00:48:03,020 --> 00:48:00,990

then it's too much for your body and

1042

00:48:05,000 --> 00:48:03,030

I'll get into this microbiome discussion

1043

00:48:06,320 --> 00:48:05,010

because it just it's very new for me I

1044

00:48:08,690 --> 00:48:06,330

haven't even talked about it on the air

1045

00:48:11,560 --> 00:48:08,700

yet so anyway how does that strike you

1046

00:48:15,050 --> 00:48:11,570

as an explanation for cold and flu well

1047

00:48:17,990 --> 00:48:15,060

it's interesting it's possible I like

1048

00:48:18,799 --> 00:48:18,000

the resonance signal idea it's just

1049

00:48:20,239 --> 00:48:18,809

tough because I

1050

00:48:22,009 --> 00:48:20,249

really don't trust the mainstream

1051

00:48:24,890 --> 00:48:22,019

Western view on a lot of these things

1052

00:48:26,779 --> 00:48:24,900

but it's hard to know how far to go with

1053

00:48:29,239 --> 00:48:26,789

the alternative or what really have put

1054

00:48:31,390 --> 00:48:29,249

in its place but I did want to revisit

1055

00:48:35,269 --> 00:48:31,400

the inflammation issue though because

1056

00:48:37,099 --> 00:48:35,279

let's say someone has Crohn's disease or

1057

00:48:39,709 --> 00:48:37,109

something related to chronic

1058

00:48:41,569 --> 00:48:39,719

inflammation how should they think about

1059

00:48:44,630 --> 00:48:41,579

this stuff because their bodies don't

1060

00:48:46,339 --> 00:48:44,640

seem to be healing themselves in this

1061

00:48:48,079 --> 00:48:46,349

process maybe because they keep

1062

00:48:50,269 --> 00:48:48,089

disrupting it because of advice from

1063

00:48:52,179 --> 00:48:50,279

their doctors but how can someone with a

1064

00:48:55,039 --> 00:48:52,189

condition of chronic inflammation

1065

00:48:57,079 --> 00:48:55,049

actually correct the problem properly or

1066

00:49:00,649 --> 00:48:57,089

address it differently in this

1067

00:49:04,089 --> 00:49:00,659

alternative paradigm ok so Crohn's

1068

00:49:07,519 --> 00:49:04,099

disease then or anything that is

1069

00:49:09,890 --> 00:49:07,529

repetitive in nature I would assume that

1070

00:49:11,749 --> 00:49:09,900

Crohn's disease is in the spectrum of

1071

00:49:14,390 --> 00:49:11,759

autoimmune issues that's what I really

1072

00:49:17,140 --> 00:49:14,400

think it is a lot of these chronic

1073

00:49:21,469 --> 00:49:17,150

illnesses are due to autoimmune

1074

00:49:23,149 --> 00:49:21,479

irregularities but anyway I would tell

1075

00:49:25,970 --> 00:49:23,159

that person to start educating

1076

00:49:31,010 --> 00:49:25,980

themselves on

1077

00:49:32,780 --> 00:49:31,020

real cellular nutrition what do they

1078

00:49:34,460 --> 00:49:32,790

need to give their bodies for instance

1079

00:49:39,290 --> 00:49:34,470

let me give you an example this is so

1080

00:49:43,370 --> 00:49:39,300

commonly unknown a new expression but

1081

00:49:45,680 --> 00:49:43,380

we're told to reduce salt right oh don't

1082

00:49:48,770 --> 00:49:45,690

eat so much salt salt be sodium free

1083

00:49:52,130 --> 00:49:48,780

okay why is that that is because they

1084

00:49:55,670 --> 00:49:52,140

put on our shelves a hundred or so years

1085

00:49:58,460 --> 00:49:55,680

ago a product called table salt what is

1086

00:49:58,670 --> 00:49:58,470

it NaCl sodium chloride that's what it

1087

00:50:13,490 --> 00:49:58,680

is

1088

00:50:15,320 --> 00:50:13,500

salt veins they call them in the earth

1089

00:50:18,349 --> 00:50:15,330

and then there's also salt that has

1090

00:50:20,150 --> 00:50:18,359

flooded the ocean over the millennia

1091

00:50:22,420 --> 00:50:20,160

rivers have carried minerals and dumped

1092

00:50:27,970 --> 00:50:22,430

sediments and minerals in the ocean for

1093

00:50:31,790 --> 00:50:27,980

millions of years so natural salt is

1094

00:50:35,359 --> 00:50:31,800

accompanied by a huge complement of

1095

00:50:37,510 --> 00:50:35,369

trace minerals so up to a hundred

1096

00:50:41,870 --> 00:50:37,520

hundred twenty trace minerals in

1097

00:50:45,050 --> 00:50:41,880

Himalayan salt celtic salt real sea salt

1098

00:50:46,640 --> 00:50:45,060

and real earth salt so that's real salt

1099

00:50:50,890 --> 00:50:46,650

we need salt

1100

00:50:53,630 --> 00:50:50,900

really needs sodium for the bloodstream

1101

00:50:55,820 --> 00:50:53,640

it needs things like the chloride salt

1102

00:50:58,370 --> 00:50:55,830

is something like 80 to 95 percent

1103

00:51:00,620 --> 00:50:58,380

sodium chloride and then this complement

1104

00:51:02,330 --> 00:51:00,630

of up to a hundred or more trace

1105

00:51:04,820 --> 00:51:02,340

minerals and we need those trace

1106

00:51:08,270 --> 00:51:04,830

minerals because the body uses them it

1107

00:51:12,290 --> 00:51:08,280

uses them in his biochemistry so when

1108

00:51:13,970 --> 00:51:12,300

you eat modern food that's prepared like

1109

00:51:16,040 --> 00:51:13,980

you go to restaurants they don't use sea

1110

00:51:18,859 --> 00:51:16,050

salt they will tell you when they use

1111

00:51:19,940 --> 00:51:18,869

sea salt because it's special but they

1112

00:51:21,740 --> 00:51:19,950

use table salt

1113

00:51:24,109 --> 00:51:21,750

these prepared preservative Laden foods

1114

00:51:26,750 --> 00:51:24,119

are full of table salt and table salt is

1115

00:51:29,770 --> 00:51:26,760

it's what they call a dead food it's a

1116

00:51:32,960 --> 00:51:29,780

devitalized food that deprives you of

1117

00:51:35,900 --> 00:51:32,970

hundreds of trace minerals so one thing

1118

00:51:38,640 --> 00:51:35,910

that I would recommend to people as hey

1119

00:51:41,010 --> 00:51:38,650

start using natural salt because it's

1120

00:51:42,870 --> 00:51:41,020

to give you this enormous spectrum of

1121

00:51:44,700 --> 00:51:42,880

minerals that your body only needs teeny

1122

00:51:47,250 --> 00:51:44,710

amounts of and you'll start to feel

1123

00:51:51,300 --> 00:51:47,260

better right and that's not medical

1124

00:51:54,240 --> 00:51:51,310

advice that's common sense so one needs

1125

00:51:58,400 --> 00:51:54,250

to educate oneself as to how to boost

1126
00:52:02,550 --> 00:51:58,410
the body's natural systems with natural

1127
00:52:03,410 --> 00:52:02,560
foods and natural supplements in natural

1128
00:52:07,650 --> 00:52:03,420
forms

1129
00:52:09,990 --> 00:52:07,660
well said so for people who might be

1130
00:52:11,670 --> 00:52:10,000
skeptical it does seem like you know

1131
00:52:13,980 --> 00:52:11,680
several people personally who have

1132
00:52:16,110 --> 00:52:13,990
healed themselves of various conditions

1133
00:52:18,390 --> 00:52:16,120
without Big Pharma can you share some

1134
00:52:20,850 --> 00:52:18,400
examples with the people to maybe

1135
00:52:22,620 --> 00:52:20,860
strengthen the case that you know this

1136
00:52:23,600 --> 00:52:22,630
alternative paradigm is closer to the

1137
00:52:26,460 --> 00:52:23,610
truth

1138
00:52:29,370 --> 00:52:26,470

Gregg I can certainly do that from my

1139

00:52:31,650 --> 00:52:29,380

own relationships that I've had people

1140

00:52:36,870 --> 00:52:31,660

have come to know but I can talk about

1141

00:52:40,530 --> 00:52:36,880

myself sure so I am a big fan of iodine

1142

00:52:43,530 --> 00:52:40,540

and magnesium and real salt those three

1143

00:52:49,560 --> 00:52:43,540

things which together might cost you

1144

00:52:52,380 --> 00:52:49,570

about 25 cents or 30 cents a day I mean

1145

00:52:58,290 --> 00:52:52,390

even bombs on the street could afford

1146

00:53:00,870 --> 00:52:58,300

that hmm 25 cents a day I had such an

1147

00:53:03,540 --> 00:53:00,880

amazing boost in well-being in health

1148

00:53:05,370 --> 00:53:03,550

from iodine a nutritionist turned me on

1149

00:53:08,340 --> 00:53:05,380

to iodine she made an offhand comment

1150

00:53:10,290 --> 00:53:08,350

and it just resonated with me I got very

1151
00:53:16,980 --> 00:53:10,300
excited it was in the month of November

1152
00:53:19,230 --> 00:53:16,990
I would guess in 2010 or 11 and I bought

1153
00:53:21,540 --> 00:53:19,240
a bottle from her and I started to take

1154
00:53:23,370 --> 00:53:21,550
it and I started with one drop like she

1155
00:53:25,290 --> 00:53:23,380
told me and then I went up to about four

1156
00:53:27,090 --> 00:53:25,300
drops after two or three weeks and I was

1157
00:53:29,970 --> 00:53:27,100
on this for a drop of nascent iodine

1158
00:53:33,660 --> 00:53:29,980
which I do sell in my store avatar

1159
00:53:36,780 --> 00:53:33,670
products calm very inexpensive so I

1160
00:53:39,960 --> 00:53:36,790
started taking this iodine and suddenly

1161
00:53:42,270 --> 00:53:39,970
within about a month I thought why do I

1162
00:53:42,660 --> 00:53:42,280
feel so good I feel like I feel in the

1163
00:53:44,610 --> 00:53:42,670

summer

1164

00:53:46,620 --> 00:53:44,620

now I swim a lot in the ocean which

1165

00:53:49,680 --> 00:53:46,630

there's tons of iodine in the water

1166

00:53:51,890 --> 00:53:49,690

cuz kelp wise kelp brown seaweed is

1167

00:53:55,130 --> 00:53:51,900

brown because it stores iodine

1168

00:53:58,160 --> 00:53:55,140

so you get a lot of absorption of iodine

1169

00:54:00,410 --> 00:53:58,170

when you're in ocean water and I felt in

1170

00:54:04,779 --> 00:54:00,420

November the same way I felt in July

1171

00:54:08,839 --> 00:54:04,789

August lean mean fighting machine happy

1172

00:54:10,730 --> 00:54:08,849

full of energy and pet and I thought now

1173

00:54:13,250 --> 00:54:10,740

why is that and it just hit me

1174

00:54:15,500 --> 00:54:13,260

it's that iodine and then I made the

1175

00:54:17,210 --> 00:54:15,510

connection between swimming in the ocean

1176
00:54:18,799 --> 00:54:17,220
in the summer and how good I feel in the

1177
00:54:22,059 --> 00:54:18,809
summer and then how did you raggy I

1178
00:54:25,220 --> 00:54:22,069
always get in November so iodine is

1179
00:54:27,309 --> 00:54:25,230
extremely important in fact it is needed

1180
00:54:30,109 --> 00:54:27,319
by every single cell in your body it's

1181
00:54:33,349 --> 00:54:30,119
extremely needed by your reproductive

1182
00:54:36,019 --> 00:54:33,359
system all your reproductive glands and

1183
00:54:38,390 --> 00:54:36,029
organs the breasts will compete with the

1184
00:54:42,670 --> 00:54:38,400
thyroid for iodine the thyroid is your

1185
00:54:45,380 --> 00:54:42,680
master iodine user it creates four

1186
00:54:46,819 --> 00:54:45,390
hormones they're called together thyroid

1187
00:54:50,480 --> 00:54:46,829
hormone but they're actually four of

1188
00:54:53,870 --> 00:54:50,490

them and the abbreviated names our t1 t2

1189

00:54:56,750 --> 00:54:53,880

t3 and t4 so what are the one two three

1190

00:55:00,019 --> 00:54:56,760

four those are the atoms of iodine in

1191

00:55:02,539 --> 00:55:00,029

each of those varieties of thyroid

1192

00:55:04,579 --> 00:55:02,549

hormones so tea forests thyroxine and

1193

00:55:05,960 --> 00:55:04,589

it's used by the brain it's very

1194

00:55:06,980 --> 00:55:05,970

important for brain development and

1195

00:55:11,420 --> 00:55:06,990

clear thinking

1196

00:55:13,549 --> 00:55:11,430

so iodine is put into your thyroid

1197

00:55:16,010 --> 00:55:13,559

hormones and your thyroid hormones

1198

00:55:18,890 --> 00:55:16,020

traveled throughout your body they

1199

00:55:21,500 --> 00:55:18,900

regulate all your glands they reach all

1200

00:55:24,740 --> 00:55:21,510

your cells and for instance tissues of

1201

00:55:26,450 --> 00:55:24,750

the intestines the red blood cells the

1202

00:55:30,470 --> 00:55:26,460

salivary glands tissues of the eye the

1203

00:55:33,769 --> 00:55:30,480

brain that the skin iodine dependent and

1204

00:55:36,200 --> 00:55:33,779

where you have iodine deficiency in

1205

00:55:39,920 --> 00:55:36,210

certain cells and systems you're gonna

1206

00:55:42,559 --> 00:55:39,930

end up with this failure to heed the

1207

00:55:44,539 --> 00:55:42,569

it's time for you to retire mister cell

1208

00:55:47,120 --> 00:55:44,549

you subdivide at seventy times that's

1209

00:55:50,779 --> 00:55:47,130

called apoptosis and then you're gonna

1210

00:55:52,670 --> 00:55:50,789

end up with possible cancers so many

1211

00:55:56,380 --> 00:55:52,680

independent studies have come to the

1212

00:56:00,410 --> 00:55:56,390

conclusion that the epidemic of breast

1213

00:56:03,670 --> 00:56:00,420

prostate uterine ovarian testicular

1214

00:56:05,810 --> 00:56:03,680

cancer is due to iodine deficiency

1215

00:56:08,930 --> 00:56:05,820

hmm

1216

00:56:11,120 --> 00:56:08,940

so iodine this simple element that it

1217

00:56:12,860 --> 00:56:11,130

costs almost nothing take a few drops a

1218

00:56:18,410 --> 00:56:12,870

day just see how you feel with it and

1219

00:56:21,350 --> 00:56:18,420

yet in about 1980 medical students

1220

00:56:24,110 --> 00:56:21,360

stopped hearing about iodine the AMA

1221

00:56:26,480 --> 00:56:24,120

started putting the word out the memo to

1222

00:56:28,670 --> 00:56:26,490

medical school instructors hey don't

1223

00:56:30,230 --> 00:56:28,680

mention anything about iodine just don't

1224

00:56:32,210 --> 00:56:30,240

tell them tell them it messes up the

1225

00:56:35,180 --> 00:56:32,220

thyroid and that's what most doctors

1226

00:56:37,430 --> 00:56:35,190

think today yet iodine is necessary for

1227

00:56:40,460 --> 00:56:37,440

the thyroid it's vital to the thyroid

1228

00:56:44,720 --> 00:56:40,470

and I'm gonna tell you why at the same

1229

00:56:49,490 --> 00:56:44,730

time starting about 30-40 years ago they

1230

00:56:51,890 --> 00:56:49,500

began to put iodine's relatives into our

1231

00:56:53,870 --> 00:56:51,900

daily lives they just daily to us with

1232

00:56:56,360 --> 00:56:53,880

them what our iodine's relatives go to

1233

00:56:59,950 --> 00:56:56,370

the periodic table and look iodine lines

1234

00:57:03,950 --> 00:56:59,960

up with 3 or 4 other elements among them

1235

00:57:07,280 --> 00:57:03,960

bromine chlorine and fluorine these

1236

00:57:09,920 --> 00:57:07,290

other elements are electromagnetically

1237

00:57:13,400 --> 00:57:09,930

negative in their charge their molecular

1238

00:57:17,000 --> 00:57:13,410

Li structure very much like iodine they

1239

00:57:19,280 --> 00:57:17,010

have the same atomic mass very similar

1240

00:57:21,470 --> 00:57:19,290

so the body is biochemically blind it's

1241

00:57:23,450 --> 00:57:21,480

only used to a few things that it uses

1242

00:57:25,520 --> 00:57:23,460

it's not used to a hundred thousand

1243

00:57:27,920 --> 00:57:25,530

man-made compounds is not used to

1244

00:57:29,570 --> 00:57:27,930

fluorine bromine and chlorine it doesn't

1245

00:57:31,970 --> 00:57:29,580

like those things but it because it's

1246

00:57:35,030 --> 00:57:31,980

biochemically blind when you drink

1247

00:57:36,710 --> 00:57:35,040

fluoridated water when you clean your

1248

00:57:39,680 --> 00:57:36,720

whole house to get rid of all those

1249

00:57:41,360 --> 00:57:39,690

germs with chlorine bleach when you swim

1250

00:57:43,610 --> 00:57:41,370

in a swimming pool or sit in a hot tub

1251

00:57:46,700 --> 00:57:43,620

that's got bromine in it for

1252

00:57:49,220 --> 00:57:46,710

disinfection purposes your poor thyroid

1253

00:57:52,460 --> 00:57:49,230

your cell receptors that are ready for

1254

00:57:54,470 --> 00:57:52,470

iodine are going what's this oh it looks

1255

00:57:57,640 --> 00:57:54,480

like iron it let me use it and you're

1256

00:58:01,280 --> 00:57:57,650

getting brominated chlorinated

1257

00:58:04,550 --> 00:58:01,290

fluoridated thyroid hormone that's what

1258

00:58:06,230 --> 00:58:04,560

your thyroid is using and so your body

1259

00:58:09,850 --> 00:58:06,240

becomes very confused and very

1260

00:58:15,560 --> 00:58:09,860

debilitated because actual toxic

1261

00:58:17,070 --> 00:58:15,570

materials are now composing your thyroid

1262

00:58:18,270 --> 00:58:17,080

hormone

1263

00:58:21,020 --> 00:58:18,280

they're being carried and delivered

1264

00:58:23,130 --> 00:58:21,030

everywhere as though they were iodine

1265

00:58:24,900 --> 00:58:23,140

interesting and yeah you mentioned

1266

00:58:27,510 --> 00:58:24,910

fluoride that of course is a huge

1267

00:58:29,250 --> 00:58:27,520

buzzword in the conspiracy community but

1268

00:58:32,970 --> 00:58:29,260

it ties directly into this iodine

1269

00:58:36,330 --> 00:58:32,980

deficiency situation right absolutely

1270

00:58:38,160 --> 00:58:36,340

yeah and you know they've lied to us

1271

00:58:39,180 --> 00:58:38,170

they put it in the drinking water you

1272

00:58:39,660 --> 00:58:39,190

know why they put it in the drinking

1273

00:58:43,860 --> 00:58:39,670

water

1274

00:58:46,350 --> 00:58:43,870

why because fluoride was used in the

1275

00:58:49,050 --> 00:58:46,360

Manhattan Project in the race to build

1276

00:58:50,820 --> 00:58:49,060

the atomic bomb fluoride is considered

1277

00:58:52,890 --> 00:58:50,830

the bully of the periodic table it's a

1278

00:58:57,060 --> 00:58:52,900

very volatile element at room

1279

00:59:00,750 --> 00:58:57,070

temperature it can extract metal or from

1280

00:59:03,480 --> 00:59:00,760

rock and fluoride was used to refine

1281

00:59:05,880 --> 00:59:03,490

uranium it all through the Manhattan

1282

00:59:08,580 --> 00:59:05,890

Project and they had fluoride plants

1283

00:59:10,980 --> 00:59:08,590

everywhere in World War two they had

1284

00:59:14,910 --> 00:59:10,990

them in New Jersey DuPont you know was

1285

00:59:17,370 --> 00:59:14,920

using fluoride they had them in Hanford

1286

00:59:20,310 --> 00:59:17,380

Washington was using fluoride to make

1287

00:59:23,250 --> 00:59:20,320

plutonium and they had a Cuyahoga River

1288

00:59:24,840 --> 00:59:23,260

in Ohio they had a big fluoride plant

1289

00:59:26,340 --> 00:59:24,850

there and they would constantly have

1290

00:59:29,840 --> 00:59:26,350

fluoride explosions because it's very

1291

00:59:33,030 --> 00:59:29,850

very volatile and so all this noxious

1292

00:59:35,130 --> 00:59:33,040

smoke and dust was you out of factory

1293

00:59:37,050 --> 00:59:35,140

chimneys and it would land everywhere

1294

00:59:38,910 --> 00:59:37,060

this is what toxified New Jersey New

1295

00:59:41,070 --> 00:59:38,920

Jersey was called the Garden State and

1296

00:59:43,110 --> 00:59:41,080

that's state of industry literally

1297

00:59:46,140 --> 00:59:43,120

fluoride explosions out of the DuPont

1298

00:59:48,750 --> 00:59:46,150

plant in World War two knocked over

1299

00:59:50,580 --> 00:59:48,760

horses cows trees everything fell to the

1300

00:59:53,040 --> 00:59:50,590

ground and died but you know what

1301
00:59:55,620 --> 00:59:53,050
Americans were loyal they wanted to win

1302
00:59:58,710 --> 00:59:55,630
the war he didn't want to make a big

1303
01:00:01,410 --> 00:59:58,720
problem people were getting sick people

1304
01:00:04,320 --> 01:00:01,420
were having skeletal fluorosis issues

1305
01:00:06,690 --> 01:00:04,330
they were having neurotoxic issues all

1306
01:00:08,820 --> 01:00:06,700
from these fluoride explosions and then

1307
01:00:10,830 --> 01:00:08,830
to say nothing of the industry workers I

1308
01:00:12,270 --> 01:00:10,840
think there was something like 600,000

1309
01:00:14,790 --> 01:00:12,280
people who worked in the Manhattan

1310
01:00:17,580 --> 01:00:14,800
Project threw out all the plants and

1311
01:00:20,580 --> 01:00:17,590
they started having massive toxification

1312
01:00:23,100 --> 01:00:20,590
they had teeth falling out bones that

1313
01:00:25,140 --> 01:00:23,110

were rotting and becoming like honeycomb

1314

01:00:26,790 --> 01:00:25,150

because the fluoride bores let me

1315

01:00:30,150 --> 01:00:26,800

explain this about fluoride fluoride

1316

01:00:30,779 --> 01:00:30,160

loves to bind with things one thing it

1317

01:00:33,120 --> 01:00:30,789

binds

1318

01:00:35,009 --> 01:00:33,130

is calcium it likes to seek its own

1319

01:00:37,169 --> 01:00:35,019

stability it's highly unstable so it

1320

01:00:38,729 --> 01:00:37,179

goes and binds with other elements so

1321

01:00:40,979 --> 01:00:38,739

we'll go into all your calcium rich

1322

01:00:43,229 --> 01:00:40,989

tissues your bones your teeth your

1323

01:00:46,469 --> 01:00:43,239

cartilage and it will make these little

1324

01:00:48,089 --> 01:00:46,479

calcium fluoride spikes and then they

1325

01:00:50,130 --> 01:00:48,099

get bigger and bigger and everything

1326

01:00:52,880 --> 01:00:50,140

starts to hurt all of your muscles catch

1327

01:00:56,759 --> 01:00:52,890

on these spikes and you can't move so

1328

01:00:58,979 --> 01:00:56,769

the industry workers from the Manhattan

1329

01:01:01,259 --> 01:00:58,989

Project after the war was one they said

1330

01:01:03,479 --> 01:01:01,269

well we feel like crap we're gonna start

1331

01:01:06,299 --> 01:01:03,489

suing and the government was receiving a

1332

01:01:08,839 --> 01:01:06,309

barrage of lawsuits so they scratched

1333

01:01:12,089 --> 01:01:08,849

their heads to a guy called Harold Hodge

1334

01:01:13,979 --> 01:01:12,099

he was a chemist and a super-duper

1335

01:01:16,589 --> 01:01:13,989

Manhattan Project consultant and

1336

01:01:19,709 --> 01:01:16,599

scientist and supervisor and it was

1337

01:01:21,689 --> 01:01:19,719

determined with Bernays Hodge all the

1338

01:01:26,669 --> 01:01:21,699

biggies in marketing government

1339

01:01:30,179 --> 01:01:26,679

marketing octopus to put fluoride in the

1340

01:01:32,130 --> 01:01:30,189

drinking water because then they could

1341

01:01:33,630 --> 01:01:32,140

tell us it protected our teeth and this

1342

01:01:35,819 --> 01:01:33,640

way the Manhattan Project workers would

1343

01:01:39,689 --> 01:01:35,829

not be able to claim where their

1344

01:01:41,759 --> 01:01:39,699

fluorosis came from interesting yeah I

1345

01:01:43,469 --> 01:01:41,769

mean anytime I get into an argument

1346

01:01:45,299 --> 01:01:43,479

about fluoride in the water and people

1347

01:01:47,009 --> 01:01:45,309

thinking oh you know you're one of those

1348

01:01:49,380 --> 01:01:47,019

people who say it's a big conspiracy I'm

1349

01:01:50,969 --> 01:01:49,390

like wool why not just put vitamins in

1350

01:01:53,429 --> 01:01:50,979

the water or something completely

1351

01:01:56,159 --> 01:01:53,439

non-controversial if it really was about

1352

01:01:57,929 --> 01:01:56,169

our health I mean this might be a lot of

1353

01:02:00,120 --> 01:01:57,939

new information for people but when you

1354

01:02:02,759 --> 01:02:00,130

look at the elite I mean Queen Elizabeth

1355

01:02:05,699 --> 01:02:02,769

is 90 Prince Philip is 95 David

1356

01:02:08,939 --> 01:02:05,709

Rockefeller is 101 Henry Kissinger's 95

1357

01:02:11,099 --> 01:02:08,949

George Bush senior's 92 I mean just look

1358

01:02:13,159 --> 01:02:11,109

at the numbers it's not just the money

1359

01:02:15,269 --> 01:02:13,169

they have there's definitely something

1360

01:02:18,449 --> 01:02:15,279

fundamentally different about the way

1361

01:02:20,009 --> 01:02:18,459

they live that's a very good point

1362

01:02:22,919 --> 01:02:20,019

are they being kept alive artificially

1363

01:02:24,749 --> 01:02:22,929

do they have access to things we don't

1364

01:02:26,969 --> 01:02:24,759

have access to I mean they don't look

1365

01:02:30,329 --> 01:02:26,979

great quite honestly David Rockefeller

1366

01:02:33,839 --> 01:02:30,339

looks like parchment mm-hmm but they are

1367

01:02:36,599 --> 01:02:33,849

still alive and you know life expectancy

1368

01:02:39,239 --> 01:02:36,609

for America has cascaded it's not up

1369

01:02:41,130 --> 01:02:39,249

there at the top of the list as it used

1370

01:02:44,610 --> 01:02:41,140

to be toward toward the top it's now I

1371

01:02:47,700 --> 01:02:44,620

think 42 or 47 in the world

1372

01:02:51,540 --> 01:02:47,710

yeah we are being you know we are being

1373

01:02:54,780 --> 01:02:51,550

forced to live with chemical challenges

1374

01:02:57,210 --> 01:02:54,790

and radiation challenges

1375

01:02:59,760 --> 01:02:57,220

you mentioned polio polio is a radiation

1376

01:03:03,600 --> 01:02:59,770

disease it's caused by chemicals and

1377

01:03:06,360 --> 01:03:03,610

radiation is not caused by a virus polio

1378

01:03:09,030 --> 01:03:06,370

is a big it's a big collection of

1379

01:03:11,460 --> 01:03:09,040

diseases there's a it's a spectrum again

1380

01:03:13,860 --> 01:03:11,470

it's an umbrella term in fact they

1381

01:03:16,350 --> 01:03:13,870

discovered back in the 1800s that the

1382

01:03:18,060 --> 01:03:16,360

children living near the apple orchards

1383

01:03:19,760 --> 01:03:18,070

in I think it was Massachusetts that

1384

01:03:23,610 --> 01:03:19,770

were being sprayed with chemical

1385

01:03:26,220 --> 01:03:23,620

pesticide they were falling ill and

1386

01:03:31,410 --> 01:03:26,230

becoming paralyzed and they called it

1387

01:03:35,250 --> 01:03:31,420

then palsy and then they renamed this

1388

01:03:38,010 --> 01:03:35,260

polio and the polio vaccine was a big

1389

01:03:40,260 --> 01:03:38,020

scam and what happened after they

1390

01:03:44,310 --> 01:03:40,270

administered it too I think was 400,000

1391

01:03:46,440 --> 01:03:44,320

American children they said well guess

1392

01:03:49,200 --> 01:03:46,450

what everybody's getting sick they're

1393

01:03:50,850 --> 01:03:49,210

getting sick doesn't matter polio hasn't

1394

01:03:53,040 --> 01:03:50,860

stopped this vaccine hasn't stopped

1395

01:03:55,710 --> 01:03:53,050

anything oh let's just redefine what

1396

01:03:57,480 --> 01:03:55,720

polio is now let me make a point people

1397

01:03:59,310 --> 01:03:57,490

were not getting polio from the vaccine

1398

01:04:02,130 --> 01:03:59,320

they were getting polio because they had

1399

01:04:04,380 --> 01:04:02,140

inordinate exposures to radiation and

1400

01:04:06,810 --> 01:04:04,390

chemicals because this was the age the

1401
01:04:09,060 --> 01:04:06,820
50s when they started remember I told

1402
01:04:11,370 --> 01:04:09,070
you mothers were actually shaking cans

1403
01:04:13,140 --> 01:04:11,380
of DDT like talcum powder onto

1404
01:04:15,840 --> 01:04:13,150
children's sandwiches they would have

1405
01:04:17,400 --> 01:04:15,850
trucks driving through the cities and

1406
01:04:21,960 --> 01:04:17,410
going to the public pools and just

1407
01:04:23,610 --> 01:04:21,970
spraying the kids with DDT hmm so people

1408
01:04:25,620 --> 01:04:23,620
were getting neurological issues from

1409
01:04:26,970 --> 01:04:25,630
all of these chemicals and that's the

1410
01:04:29,610 --> 01:04:26,980
first thing look what is the nervous

1411
01:04:32,580 --> 01:04:29,620
system it is the system of information

1412
01:04:34,740 --> 01:04:32,590
that goes through your body and the

1413
01:04:37,800 --> 01:04:34,750

information was coming out all flawed

1414

01:04:39,570 --> 01:04:37,810

the myelin around the nerve sheaths was

1415

01:04:42,720 --> 01:04:39,580

being destroyed your body will destroy

1416

01:04:44,670 --> 01:04:42,730

its supporting structures or allow them

1417

01:04:47,550 --> 01:04:44,680

to become destroyed before it allows the

1418

01:04:49,860 --> 01:04:47,560

gold to become destroyed so what do cell

1419

01:04:53,360 --> 01:04:49,870

phones do they cause glioma and

1420

01:04:57,000 --> 01:04:53,370

schwannoma those are cancers of the

1421

01:04:58,320 --> 01:04:57,010

supporting structures to the materials

1422

01:05:01,470 --> 01:04:58,330

at the heart and the brain

1423

01:05:04,110 --> 01:05:01,480

glioma is the glue in which neurons sit

1424

01:05:06,330 --> 01:05:04,120

so when those structures start going

1425

01:05:09,090 --> 01:05:06,340

they become cancerous it means that that

1426

01:05:10,620 --> 01:05:09,100

material those tissues are energy

1427

01:05:12,870 --> 01:05:10,630

deficient because they're getting

1428

01:05:17,490 --> 01:05:12,880

pummeled pummel pummel with radiation

1429

01:05:20,460 --> 01:05:17,500

and or chemicals so the polio vaccine at

1430

01:05:23,300 --> 01:05:20,470

the time they dispensed you know doses

1431

01:05:25,770 --> 01:05:23,310

of this salt and Sabin vaccine to

1432

01:05:27,690 --> 01:05:25,780

400,000 American children and people

1433

01:05:30,360 --> 01:05:27,700

were still ending up with paralysis and

1434

01:05:33,540 --> 01:05:30,370

polio they renamed polio

1435

01:05:36,420 --> 01:05:33,550

they created a special paralytic polio

1436

01:05:38,970 --> 01:05:36,430

and in order to be counted as someone

1437

01:05:42,810 --> 01:05:38,980

who had polio it had to be paralytic

1438

01:05:45,200 --> 01:05:42,820

polio and you had to have it for six

1439

01:05:48,600 --> 01:05:45,210

months so they just changed the

1440

01:05:50,250 --> 01:05:48,610

qualifying designation right and they

1441

01:05:52,230 --> 01:05:50,260

introduced a new disease I said oh we

1442

01:05:55,800 --> 01:05:52,240

got rid of polio look the numbers have

1443

01:05:57,690 --> 01:05:55,810

fallen but now we have meningitis it's

1444

01:06:00,060 --> 01:05:57,700

new we don't know where it came from and

1445

01:06:01,710 --> 01:06:00,070

today they're telling us we have all

1446

01:06:05,850 --> 01:06:01,720

these new diseases and it's because of

1447

01:06:09,330 --> 01:06:05,860

genetics hey Lou Gehrig's als muscular

1448

01:06:11,850 --> 01:06:09,340

dystrophy multiple sclerosis these are

1449

01:06:13,830 --> 01:06:11,860

all new modern diseases and they I

1450

01:06:16,170 --> 01:06:13,840

remember meeting my mother's magazines I

1451

01:06:17,870 --> 01:06:16,180

was a sort of precocious kid and I was

1452

01:06:21,990 --> 01:06:17,880

reading Knight Ladies Home Journal

1453

01:06:25,200 --> 01:06:22,000

Woman's Day Family Circle McCall's when

1454

01:06:29,220 --> 01:06:25,210

I was 10 11 years old and I would read

1455

01:06:31,770 --> 01:06:29,230

that there were new diseases and when

1456

01:06:35,280 --> 01:06:31,780

you got to be about 40 you had this new

1457

01:06:37,740 --> 01:06:35,290

disease called MS what was it nobody

1458

01:06:41,910 --> 01:06:37,750

knew but what is it it's in the polio

1459

01:06:45,780 --> 01:06:41,920

family it's eventually paralytic and you

1460

01:06:48,380 --> 01:06:45,790

will get it when you're advanced enough

1461

01:06:50,820 --> 01:06:48,390

in age that your cumulative load of

1462

01:06:52,530 --> 01:06:50,830

toxicity whether its chemical or

1463

01:06:54,930 --> 01:06:52,540

radiation your body just says I don't

1464

01:06:57,450 --> 01:06:54,940

know what to do now I can't fix these

1465

01:07:02,250 --> 01:06:57,460

dying tissues so we're back to sepsis

1466

01:07:05,010 --> 01:07:02,260

and breakdown and degeneration hmm man

1467

01:07:08,490 --> 01:07:05,020

that is a lot of information I mean you

1468

01:07:10,080 --> 01:07:08,500

mentioned sprain and I'm a little lucky

1469

01:07:11,730 --> 01:07:10,090

because I think my parents had a little

1470

01:07:13,050 --> 01:07:11,740

bit of intuition in that area

1471

01:07:15,450 --> 01:07:13,060

because even in the 90s in my

1472

01:07:17,220 --> 01:07:15,460

neighborhood in st. Louis there would be

1473

01:07:18,900 --> 01:07:17,230

these bug sprayers that would come

1474

01:07:21,000 --> 01:07:18,910

through the neighborhood like a couple

1475

01:07:22,680 --> 01:07:21,010

times a week and my parents would always

1476
01:07:24,720 --> 01:07:22,690
be like look when you see that thing you

1477
01:07:26,070 --> 01:07:24,730
come inside but yet other kids in the

1478
01:07:27,690 --> 01:07:26,080
neighborhood I'd be playing with they're

1479
01:07:29,340 --> 01:07:27,700
like you know what's the big deal this

1480
01:07:32,040 --> 01:07:29,350
is just for mosquitoes and I'd be like

1481
01:07:34,230 --> 01:07:32,050
hey my parents said come inside so I

1482
01:07:35,700 --> 01:07:34,240
would but you mentioned meningitis also

1483
01:07:37,350 --> 01:07:35,710
that's something I had when I was three

1484
01:07:39,810 --> 01:07:37,360
that I'm I'm deaf in the right ear now

1485
01:07:41,520 --> 01:07:39,820
because of that and I've always been

1486
01:07:43,830 --> 01:07:41,530
curious why I know you've looked into

1487
01:07:45,870 --> 01:07:43,840
there's multiple types of meningitis and

1488
01:07:48,480 --> 01:07:45,880

you've looked into one of them pretty

1489

01:07:51,150 --> 01:07:48,490

deeply but even in the vast documentary

1490

01:07:54,630 --> 01:07:51,160

that came out they said there was a

1491

01:07:57,000 --> 01:07:54,640

vaccine that seemed to be giving people

1492

01:07:59,970 --> 01:07:57,010

meningitis that was big in Canada and

1493

01:08:02,760 --> 01:07:59,980

once they found out they offloaded it on

1494

01:08:05,520 --> 01:08:02,770

third-world countries but it's really

1495

01:08:07,020 --> 01:08:05,530

hard to figure out exactly what to do

1496

01:08:09,120 --> 01:08:07,030

everybody wants to be healthy and

1497

01:08:11,160 --> 01:08:09,130

realizes we need to eat better and make

1498

01:08:13,220 --> 01:08:11,170

sure our water is clean but it's just

1499

01:08:15,150 --> 01:08:13,230

harder and harder to do is there any

1500

01:08:16,860 --> 01:08:15,160

additional advice you could share in

1501
01:08:18,840 --> 01:08:16,870
terms of stayin strong and healthy and

1502
01:08:22,920 --> 01:08:18,850
avoiding some of these problems that

1503
01:08:25,410 --> 01:08:22,930
maybe aren't so obvious Craig I can only

1504
01:08:29,269 --> 01:08:25,420
talk about myself because I'm not a

1505
01:08:32,820 --> 01:08:29,279
healthcare practitioner and you know I'm

1506
01:08:36,059 --> 01:08:32,830
57 now and when I started taking iodine

1507
01:08:38,220 --> 01:08:36,069
I also noticed after six months that the

1508
01:08:42,090 --> 01:08:38,230
pain in my fingers and my knuckles

1509
01:08:44,099 --> 01:08:42,100
totally went away at around 50 I started

1510
01:08:45,870 --> 01:08:44,109
I would have pain in my knuckles during

1511
01:08:47,370 --> 01:08:45,880
the night especially in the winter and

1512
01:08:49,440 --> 01:08:47,380
then during the day I'd be sitting at

1513
01:08:51,059 --> 01:08:49,450

the computer and working on first one

1514

01:08:54,420 --> 01:08:51,069

knuckle than the other massage massage

1515

01:08:56,039 --> 01:08:54,430

and I thought well this sucks I'm just

1516

01:08:57,570 --> 01:08:56,049

gonna end up with arthritis I'm just

1517

01:08:57,900 --> 01:08:57,580

gonna have to get ready for it what can

1518

01:09:00,950 --> 01:08:57,910

I do

1519

01:09:05,130 --> 01:09:00,960

and then iodine six months later my

1520

01:09:07,559 --> 01:09:05,140

hands are as flexible as rubber bands I

1521

01:09:09,990 --> 01:09:07,569

don't have any pain so all I can say is

1522

01:09:12,690 --> 01:09:10,000

my recommendation is start with the

1523

01:09:16,380 --> 01:09:12,700

basics natural salt iodine magnesium and

1524

01:09:19,440 --> 01:09:16,390

there is vitamin D sunlight get out in

1525

01:09:21,800 --> 01:09:19,450

the Sun stare at the blue sky open your

1526

01:09:24,930 --> 01:09:21,810

eyes don't use sunglasses all day

1527

01:09:27,030 --> 01:09:24,940

sunscreen I sell natural sunscreen

1528

01:09:29,189 --> 01:09:27,040

on my website if you must have them

1529

01:09:30,900 --> 01:09:29,199

there areas you know that can get rather

1530

01:09:33,809 --> 01:09:30,910

rough and burned like the bridge of your

1531

01:09:35,579 --> 01:09:33,819

nose the tips of your ears your need so

1532

01:09:38,099 --> 01:09:35,589

they're small areas on your body that

1533

01:09:41,490 --> 01:09:38,109

could use sunscreen but use sunscreens

1534

01:09:43,170 --> 01:09:41,500

that don't have you know SPF 50 this is

1535

01:09:44,370 --> 01:09:43,180

all marketing there's nothing higher

1536

01:09:47,370 --> 01:09:44,380

than SPF 30

1537

01:09:49,920 --> 01:09:47,380

zinc based your body loves zinc I have a

1538

01:09:51,809 --> 01:09:49,930

body wash that I sell which I use every

1539

01:09:54,479 --> 01:09:51,819

single day in the shower just a quarter

1540

01:09:56,820 --> 01:09:54,489

size put it on my forearms and my chest

1541

01:09:58,890 --> 01:09:56,830

in my face and it builds the zinc into

1542

01:10:00,750 --> 01:09:58,900

your skin it gives us bf number two

1543

01:10:02,459 --> 01:10:00,760

automatically every day you don't have

1544

01:10:04,920 --> 01:10:02,469

to put it on except in the shower and

1545

01:10:07,050 --> 01:10:04,930

I'm not trying to market myself here I'm

1546

01:10:08,280 --> 01:10:07,060

just saying look these things helped me

1547

01:10:11,189 --> 01:10:08,290

I'm offering them to you

1548

01:10:14,250 --> 01:10:11,199

magnesium cream my total best seller I

1549

01:10:17,420 --> 01:10:14,260

run out of it every two weeks put it on

1550

01:10:20,030 --> 01:10:17,430

a sore area your neck your whatever

1551

01:10:23,400 --> 01:10:20,040

arthritis your bad knee and what

1552

01:10:25,709 --> 01:10:23,410

magnesium relaxes tissues it opens up

1553

01:10:27,780 --> 01:10:25,719

those channels so now the information

1554

01:10:29,100 --> 01:10:27,790

process can do what it needs to do and

1555

01:10:30,900 --> 01:10:29,110

in one minute

1556

01:10:34,140 --> 01:10:30,910

it takes the pain away this is what I

1557

01:10:35,760 --> 01:10:34,150

discovered so there are so many ways but

1558

01:10:37,590 --> 01:10:35,770

they're so basic and they're so cheap

1559

01:10:39,510 --> 01:10:37,600

but no one tells you about them because

1560

01:10:41,370 --> 01:10:39,520

there's no money and iodine there's no

1561

01:10:44,689 --> 01:10:41,380

money and sunlight there's no money in

1562

01:10:47,040 --> 01:10:44,699

magnesium there's no money in salt it is

1563

01:10:48,810 --> 01:10:47,050

so fascinating I mean we have been

1564

01:10:50,729 --> 01:10:48,820

talking for a while we've gone a little

1565

01:10:53,070 --> 01:10:50,739

bit over time when we talked about so

1566

01:10:54,570 --> 01:10:53,080

much the only other thing I was going to

1567

01:10:57,390 --> 01:10:54,580

ask you about I know you've been writing

1568

01:10:59,400 --> 01:10:57,400

about the big club or just the idea of

1569

01:11:02,010 --> 01:10:59,410

secret societies and secret

1570

01:11:04,800 --> 01:11:02,020

organizations that kind of control

1571

01:11:07,200 --> 01:11:04,810

things from the top down and also how it

1572

01:11:09,150 --> 01:11:07,210

connects to pizza gate this most recent

1573

01:11:10,920 --> 01:11:09,160

scandal that the kind of thing that

1574

01:11:14,250 --> 01:11:10,930

conspiracy folks have been talking about

1575

01:11:14,910 --> 01:11:14,260

forever and it just is rarely exposed to

1576

01:11:16,770 --> 01:11:14,920

this degree

1577

01:11:19,530 --> 01:11:16,780

you also mentioned to me before we

1578

01:11:22,500 --> 01:11:19,540

started a a guy Barry Soetoro who runs a

1579

01:11:24,060 --> 01:11:22,510

YouTube channel under that name and he

1580

01:11:26,610 --> 01:11:24,070

even predicted there would be this

1581

01:11:29,010 --> 01:11:26,620

shooter at one of the locations at Comic

1582

01:11:30,540 --> 01:11:29,020

ping-pong and I think just the fact that

1583

01:11:32,430 --> 01:11:30,550

this has happened and so many people are

1584

01:11:34,169 --> 01:11:32,440

buying into the mainstream story that oh

1585

01:11:36,570 --> 01:11:34,179

it's all fake news it's all fake news

1586

01:11:38,819 --> 01:11:36,580

now you have the shooter there which

1587

01:11:41,819 --> 01:11:38,829

just solidifies to the

1588

01:11:43,919 --> 01:11:41,829

mainstream that oh now these conspiracy

1589

01:11:46,169 --> 01:11:43,929

folks are actually dangerous because

1590

01:11:48,179 --> 01:11:46,179

they're radicalizing unstable people who

1591

01:11:50,969 --> 01:11:48,189

are going into businesses with guns now

1592

01:11:53,489 --> 01:11:50,979

and it really does work to demonize

1593

01:11:56,310 --> 01:11:53,499

anyone who's talking about pizza gate

1594

01:11:58,409 --> 01:11:56,320

but just because it is so fresh and so

1595

01:11:59,969 --> 01:11:58,419

interesting and so unique what are your

1596

01:12:02,879 --> 01:11:59,979

thoughts on this just before we close

1597

01:12:06,779 --> 01:12:02,889

out well you're gonna have me sitting

1598

01:12:09,419 --> 01:12:06,789

here for another hour at least I have

1599

01:12:11,819 --> 01:12:09,429

put some things up on my blog page and

1600

01:12:14,879 --> 01:12:11,829

the quick access my blog page is Sophia

1601

01:12:18,719 --> 01:12:14,889

small storm calm and at Sophia's with F

1602

01:12:21,569 --> 01:12:18,729

SOF ia so yeah he did predict Barry

1603

01:12:24,299 --> 01:12:21,579

Soetoro however he calls himself that

1604

01:12:26,819 --> 01:12:24,309

they would show up with a gunman and

1605

01:12:29,040 --> 01:12:26,829

comment ping pong and he said I was nine

1606

01:12:32,099 --> 01:12:29,050

days ahead of the CIA and yeah that's

1607

01:12:34,859 --> 01:12:32,109

what happened but I think that you know

1608

01:12:37,379 --> 01:12:34,869

the foundation of fundamentals of this

1609

01:12:40,169 --> 01:12:37,389

pizza gate the pedophilia this has been

1610

01:12:44,129 --> 01:12:40,179

going on for a very very very very long

1611

01:12:47,609 --> 01:12:44,139

time and it's very deep it runs deep it

1612

01:12:50,310 --> 01:12:47,619

shoots throughout the society from you

1613

01:12:52,859 --> 01:12:50,320

know there's garden-variety pedophilia

1614

01:12:55,319 --> 01:12:52,869

and most women will probably say they

1615

01:12:57,329 --> 01:12:55,329

have seen a flasher when they were a

1616

01:12:59,939 --> 01:12:57,339

little girl somebody flashed them that's

1617

01:13:02,909 --> 01:12:59,949

pretty mild compared to the ritual abuse

1618

01:13:04,979 --> 01:13:02,919

that these poor unfortunate children are

1619

01:13:07,409 --> 01:13:04,989

going through in this illegal children

1620

01:13:10,169 --> 01:13:07,419

trafficking market I shouldn't even say

1621

01:13:13,409 --> 01:13:10,179

illegal because such a weak term for it

1622

01:13:16,859 --> 01:13:13,419

but this you know horrific I have to

1623

01:13:18,869 --> 01:13:16,869

conclude that there is a diabolical I

1624

01:13:21,149 --> 01:13:18,879

never would have said this four or five

1625

01:13:23,520 --> 01:13:21,159

years ago that this is all totally so

1626

01:13:26,849 --> 01:13:23,530

tonight there's a satanic principle a

1627

01:13:29,489 --> 01:13:26,859

satanic indulgence going on and these

1628

01:13:32,310 --> 01:13:29,499

people somehow draw power from that and

1629

01:13:35,699 --> 01:13:32,320

what supplies them with the permission

1630

01:13:36,449 --> 01:13:35,709

Greg is what I call the Silence of the

1631

01:13:40,739 --> 01:13:36,459

Lambs

1632

01:13:43,049 --> 01:13:40,749

so they have created some leaks of their

1633

01:13:45,299 --> 01:13:43,059

activities which haven't surprised us

1634

01:13:48,029 --> 01:13:45,309

although we who have been awake to

1635

01:13:51,990 --> 01:13:48,039

things for a while are probably very

1636

01:13:53,880 --> 01:13:52,000

shocked at the depth and and

1637

01:13:58,710 --> 01:13:53,890

I don't even know what to call it but

1638

01:14:02,160 --> 01:13:58,720

the scope and the the quality of this

1639

01:14:03,990 --> 01:14:02,170

it's a it's just indescribable bad it's

1640

01:14:04,860 --> 01:14:04,000

worse than most of us thought right

1641

01:14:09,600 --> 01:14:04,870

mm-hmm

1642

01:14:12,000 --> 01:14:09,610

they know that your neighbors if you

1643

01:14:13,500 --> 01:14:12,010

went outside hey Google pizza gate they

1644

01:14:15,510 --> 01:14:13,510

wouldn't want to give you the time of

1645

01:14:16,800 --> 01:14:15,520

day where they might listen for a few

1646

01:14:18,000 --> 01:14:16,810

minutes and then they would say as

1647

01:14:20,040 --> 01:14:18,010

people have said to me well you know

1648

01:14:21,720 --> 01:14:20,050

what I don't have time for that but you

1649

01:14:23,070 --> 01:14:21,730

worry about that because you're really

1650

01:14:25,710 --> 01:14:23,080

good at worrying about stuff like that

1651

01:14:29,270 --> 01:14:25,720

so you worry about those kids and I will

1652

01:14:33,360 --> 01:14:29,280

worry about my kids and so that

1653

01:14:35,760 --> 01:14:33,370

constitutes the Silence of the Lambs

1654

01:14:38,610 --> 01:14:35,770

the Lambs are not gonna bat an eye over

1655

01:14:40,770 --> 01:14:38,620

this the Lambs are gonna be what very

1656

01:14:42,570 --> 01:14:40,780

much more interested in accepting the

1657

01:14:44,310 --> 01:14:42,580

you know those online bullies they're

1658

01:14:46,530 --> 01:14:44,320

creating fake news because that's the

1659

01:14:49,820 --> 01:14:46,540

path of least resistance that enables

1660

01:14:52,430 --> 01:14:49,830

them to proceed with their you know

1661

01:14:55,830 --> 01:14:52,440

consumption based lives

1662

01:15:00,120 --> 01:14:55,840

narcissistic microworlds that they live

1663

01:15:03,660 --> 01:15:00,130

in and supply all of these deep

1664

01:15:08,220 --> 01:15:03,670

corporate underworld structures with the

1665

01:15:11,430 --> 01:15:08,230

money to continue to buy the earth up

1666

01:15:14,120 --> 01:15:11,440

from under our feet and our permission

1667

01:15:18,000 --> 01:15:14,130

in the form of Silence of the Lambs

1668

01:15:21,150 --> 01:15:18,010

gives them the right in their own karmic

1669

01:15:25,050 --> 01:15:21,160

I don't know understanding to continue

1670

01:15:26,850 --> 01:15:25,060

to do this mm-hmm yeah it's dark for

1671

01:15:29,700 --> 01:15:26,860

sure and they're throwing out all this

1672

01:15:32,580 --> 01:15:29,710

stuff about fake news stories and it

1673

01:15:36,000 --> 01:15:32,590

just seems so obvious to me that this

1674

01:15:37,860 --> 01:15:36,010

would be damage control but it's clear

1675

01:15:40,380 --> 01:15:37,870

that they're having great success

1676

01:15:42,600 --> 01:15:40,390

turning the masses against the real

1677

01:15:44,520 --> 01:15:42,610

researchers on the subject of pizza gate

1678

01:15:46,950 --> 01:15:44,530

because I'm getting so many people

1679

01:15:48,780 --> 01:15:46,960

messaging me saying stop saying pizza

1680

01:15:51,780 --> 01:15:48,790

gate this has been debunked and I'm like

1681

01:15:53,970 --> 01:15:51,790

how can you you know spend a lot of time

1682

01:15:57,300 --> 01:15:53,980

listening to a show like this and not

1683

01:16:00,480 --> 01:15:57,310

see that this big mainstream attack on

1684

01:16:02,790 --> 01:16:00,490

fake news is clearly a reaction it's

1685

01:16:03,960 --> 01:16:02,800

like a damage control reaction and you

1686

01:16:05,790 --> 01:16:03,970

know I didn't want to open up a whole

1687

01:16:07,799 --> 01:16:05,800

can of worms right as were

1688

01:16:09,569 --> 01:16:07,809

Oh kind of closing out this interview

1689

01:16:11,430 --> 01:16:09,579

but it is important and I want to keep

1690

01:16:13,169 --> 01:16:11,440

drawing attention to it before they

1691

01:16:15,450 --> 01:16:13,179

sweep it under the rug like they tend to

1692

01:16:18,780 --> 01:16:15,460

do so I thought it deserves at least a

1693

01:16:21,060 --> 01:16:18,790

mention but Sophia that does about do it

1694

01:16:23,100 --> 01:16:21,070

for us so enlightening thanks for all

1695

01:16:24,629 --> 01:16:23,110

you do where can the people follow up on

1696

01:16:26,459 --> 01:16:24,639

your work and even check out the items

1697

01:16:30,120 --> 01:16:26,469

in your store that might be helpful for

1698

01:16:33,209 --> 01:16:30,130

them people can go to my blog which I

1699

01:16:36,569 --> 01:16:33,219

update on a fairly regular basis

1700

01:16:38,879 --> 01:16:36,579

Sophia small storm comm and that's

1701

01:16:41,129 --> 01:16:38,889

really a link to about the sky which is

1702

01:16:43,080 --> 01:16:41,139

a website that I started a while ago but

1703

01:16:45,859 --> 01:16:43,090

the most active pages on it are the blog

1704

01:16:49,770 --> 01:16:45,869

page and the podcast page I do my own

1705

01:16:52,049 --> 01:16:49,780

podcasts they can be found on YouTube as

1706

01:16:55,140 --> 01:16:52,059

well not every one of them is on YouTube

1707

01:16:58,530 --> 01:16:55,150

but my store is Avatar products like

1708

01:17:01,830 --> 01:16:58,540

Avatar the movie a da ta our products

1709

01:17:03,089 --> 01:17:01,840

calm and there I share things that I've

1710

01:17:06,930 --> 01:17:03,099

worked for me and I'm gonna tell you

1711

01:17:10,560 --> 01:17:06,940

this if there's a lotion or a cream or a

1712

01:17:13,439 --> 01:17:10,570

soap or whatever on my website it's

1713

01:17:15,600 --> 01:17:13,449

because it's the best I've ever found

1714

01:17:17,819 --> 01:17:15,610

and used I don't have stuff up there

1715

01:17:20,490 --> 01:17:17,829

that's mediocre and in the world of soap

1716

01:17:22,709 --> 01:17:20,500

cloche in etc there's a lot of choices

1717

01:17:24,689 --> 01:17:22,719

people have so if I put anything in my

1718

01:17:27,030 --> 01:17:24,699

store I got three kinds of iodine

1719

01:17:30,270 --> 01:17:27,040

several different varieties of magnesium

1720

01:17:33,270 --> 01:17:30,280

by the way folks magnesium is magnesium

1721

01:17:35,100 --> 01:17:33,280

chloride is antimicrobial remember those

1722

01:17:38,399 --> 01:17:35,110

little Detroit of our organisms that

1723

01:17:41,430 --> 01:17:38,409

live in your armpit and it chases away

1724

01:17:43,950 --> 01:17:41,440

odor causing bacteria so it becomes a

1725

01:17:47,580 --> 01:17:43,960

very effective very inexpensive very

1726

01:17:50,790 --> 01:17:47,590

safe very scent free stain free

1727

01:17:54,089 --> 01:17:50,800

deodorant and it's sold in my online

1728

01:17:56,640 --> 01:17:54,099

store and it changes the biome in your

1729

01:17:59,010 --> 01:17:56,650

armpit so it chases those odor causing

1730

01:18:01,830 --> 01:17:59,020

bacteria Oh a you can actually skip a

1731

01:18:04,109 --> 01:18:01,840

day so they says this is the kind of

1732

01:18:06,750 --> 01:18:04,119

stuff I learned this through chatting

1733

01:18:09,089 --> 01:18:06,760

with biochemists who make these products

1734

01:18:11,160 --> 01:18:09,099

I innovated a few products I've made

1735

01:18:13,799 --> 01:18:11,170

some requests can you put this in a

1736

01:18:15,450 --> 01:18:13,809

roll-on for me to sell as deodorant and

1737

01:18:17,410 --> 01:18:15,460

that's why a lot of those products are

1738

01:18:19,720 --> 01:18:17,420

on my website and

1739

01:18:22,060 --> 01:18:19,730

it's my pleasure to share them with you

1740

01:18:24,760 --> 01:18:22,070

I also give literature when I send them

1741

01:18:28,990 --> 01:18:24,770

to you so you can read up and get some

1742

01:18:32,169 --> 01:18:29,000

more information and I'm here to support

1743

01:18:34,360 --> 01:18:32,179

all of you in my discoveries with my

1744

01:18:36,340 --> 01:18:34,370

discoveries so it's my pleasure to do

1745

01:18:38,729 --> 01:18:36,350

this interview with you Greg you're very

1746

01:18:41,860 --> 01:18:38,739

bright you're a great interviewer and

1747

01:18:46,209 --> 01:18:41,870

thank you so much for being here in San

1748

01:18:49,840 --> 01:18:46,219

Diego and adding to the knowledge base

1749

01:18:52,930 --> 01:18:49,850

you got it thank you so much you're just

1750

01:18:55,530 --> 01:18:52,940

too kind but powerful stuff you are

1751

01:18:58,419 --> 01:18:55,540

doing great work it's definitely

1752

01:19:00,280 --> 01:18:58,429

important and just having the store

1753

01:19:02,919 --> 01:19:00,290

there for people to be able to actually

1754

01:19:05,890 --> 01:19:02,929

get real tangible items from someone

1755

01:19:09,490 --> 01:19:05,900

that they can trust is a great resource

1756

01:19:10,750 --> 01:19:09,500

so keep digging for sure and hopefully

1757

01:19:13,479 --> 01:19:10,760

we can do this again sometime

1758

01:19:16,740 --> 01:19:13,489

of course Greg I will just throw in one

1759

01:19:19,720 --> 01:19:16,750

more thing I do create every month a

1760

01:19:21,430 --> 01:19:19,730

newsletter which goes by snail mail so

1761

01:19:24,490 --> 01:19:21,440

you can snuggle up with a little dog

1762

01:19:26,650 --> 01:19:24,500

biscuit on the fireplace rug and read it

1763

01:19:30,430 --> 01:19:26,660

and that is available by subscription

1764

01:19:34,630 --> 01:19:30,440

and that's my way of collating and Co

1765

01:19:39,939 --> 01:19:34,640

hearing my rabbit hole adventures into

1766

01:19:42,130 --> 01:19:39,949

one you know kind of like contained form

1767

01:19:43,750 --> 01:19:42,140

every month so a lot of people who get

1768

01:19:46,720 --> 01:19:43,760

the newsletter have stayed with me since

1769

01:19:48,939 --> 01:19:46,730

2010 when I started it so you can find

1770

01:19:50,650 --> 01:19:48,949

that there's a little place to click on

1771

01:19:53,350 --> 01:19:50,660

my website that tells you how to order

1772

01:19:56,229 --> 01:19:53,360

it you can read samples okay so thank

1773

01:19:56,500 --> 01:19:56,239

you thank you so much you got it thank

1774

01:20:00,280 --> 01:19:56,510

you

1775

01:20:02,500 --> 01:20:00,290

all right people Sophie a small storm I

1776

01:20:04,419 --> 01:20:02,510

really do like her work she's someone

1777

01:20:06,189 --> 01:20:04,429

who's always digging into new stuff I

1778

01:20:07,959 --> 01:20:06,199

love hearing about the alternative side

1779

01:20:08,439 --> 01:20:07,969

when it comes to medicine and health as

1780

01:20:10,060 --> 01:20:08,449

well

1781

01:20:11,620 --> 01:20:10,070

I just think knowing how much

1782

01:20:14,770 --> 01:20:11,630

manipulation there's been in the medical

1783

01:20:16,930 --> 01:20:14,780

field by Rockefeller Industries it makes

1784

01:20:19,780 --> 01:20:16,940

everything suspect the vaccine agenda

1785

01:20:22,150 --> 01:20:19,790

the role of antibiotics and today we're

1786

01:20:23,229 --> 01:20:22,160

looking into germ theory itself I don't

1787

01:20:24,970 --> 01:20:23,239

know what to think about a lot of this

1788

01:20:27,160 --> 01:20:24,980

stuff because we have had guys like Edie

1789

01:20:28,689 --> 01:20:27,170

Haslam in his book dr. Mary's monkey

1790

01:20:30,850 --> 01:20:28,699

making a great case that the polio

1791

01:20:32,770 --> 01:20:30,860

vaccine is largely responsible for the

1792

01:20:36,250 --> 01:20:32,780

epidemic to to the contamination of the

1793

01:20:37,899 --> 01:20:36,260

sv40 virus and then we have Sophia doing

1794

01:20:40,479 --> 01:20:37,909

a lot of research into doctors who have

1795

01:20:43,149 --> 01:20:40,489

said no the entire germ theory is wrong

1796

01:20:45,220 --> 01:20:43,159

there are no viruses as we think of them

1797

01:20:48,040 --> 01:20:45,230

if you remember talking to Patrick

1798

01:20:50,410 --> 01:20:48,050

Jordan I mean he seemed very much in

1799

01:20:53,020 --> 01:20:50,420

line with that idea and it's a big bold

1800

01:20:55,209 --> 01:20:53,030

statement it takes a lot of context to

1801

01:20:57,399 --> 01:20:55,219

explain I hope we've made at least a

1802

01:20:59,859 --> 01:20:57,409

fairly clear introductory case for the

1803

01:21:02,740 --> 01:20:59,869

position and we talked a lot about what

1804

01:21:04,030 --> 01:21:02,750

viruses aren't and what they don't do we

1805

01:21:06,939 --> 01:21:04,040

didn't really get to break down what

1806

01:21:08,620 --> 01:21:06,949

they are clearly people in biology labs

1807

01:21:09,070 --> 01:21:08,630

are looking at something in those test

1808

01:21:12,010 --> 01:21:09,080

tubes

1809

01:21:14,770 --> 01:21:12,020

I asked Sophia in an email what viruses

1810

01:21:17,740 --> 01:21:14,780

actually are and she said it is a lot to

1811

01:21:20,859 --> 01:21:17,750

unpack but the salient point is that

1812

01:21:22,600 --> 01:21:20,869

viruses don't cause disease and of

1813

01:21:23,979 --> 01:21:22,610

course you can follow us afia's work if

1814

01:21:25,780 --> 01:21:23,989

you want to get deeper into that or

1815

01:21:27,790 --> 01:21:25,790

follow some of the information that she

1816

01:21:29,919 --> 01:21:27,800

laid out and this is one of those

1817

01:21:32,229 --> 01:21:29,929

episodes at the higher side chats where

1818

01:21:34,720 --> 01:21:32,239

the first and second hour are quite

1819

01:21:36,580 --> 01:21:34,730

different in the first hour we tried to

1820

01:21:40,660 --> 01:21:36,590

talk about this push into biological

1821

01:21:42,609 --> 01:21:40,670

darkness sepsis and the dismantling of

1822

01:21:45,580 --> 01:21:42,619

germ theory of course but in the second

1823

01:21:47,530 --> 01:21:45,590

hour we focused on the examination of a

1824

01:21:50,169 --> 01:21:47,540

widespread eugenics campaign in a

1825

01:21:52,810 --> 01:21:50,179

process of slowly altering biology

1826

01:21:54,850 --> 01:21:52,820

itself which I find to be really

1827

01:21:57,669 --> 01:21:54,860

interesting a lot of this stuff of

1828

01:21:59,169 --> 01:21:57,679

course is rooted in Nazi programs going

1829

01:22:00,490 --> 01:21:59,179

on in World War two and then we brought

1830

01:22:04,060 --> 01:22:00,500

these people into the American machine

1831

01:22:06,340 --> 01:22:04,070

and then we get MK ULTRA MK often and

1832

01:22:08,859 --> 01:22:06,350

the experiments of the 50s and 60s and

1833

01:22:11,830 --> 01:22:08,869

who really knows how these programs have

1834

01:22:15,760 --> 01:22:11,840

changed and spread since then or just

1835

01:22:17,950 --> 01:22:15,770

since 9/11 in the 2000s there is a nexus

1836

01:22:20,379 --> 01:22:17,960

of elite players and corporate fronts at

1837

01:22:23,140 --> 01:22:20,389

the heart of almost every industry and

1838

01:22:25,000 --> 01:22:23,150

every agenda and I thought the symbolism

1839

01:22:27,189 --> 01:22:25,010

around the Apple building and the use of

1840

01:22:29,050 --> 01:22:27,199

the name Artemis were some pretty

1841

01:22:30,700 --> 01:22:29,060

interesting threads and if you want to

1842

01:22:32,379 --> 01:22:30,710

go down those rabbit holes sign up for

1843

01:22:35,649 --> 01:22:32,389

Plus you can go to the higher side chats

1844

01:22:37,300 --> 01:22:35,659

comm and get a free 7-day trial or you

1845

01:22:38,740 --> 01:22:37,310

can just sign up like a boss for five

1846

01:22:41,680 --> 01:22:38,750

bucks a month at the higher side chats

1847

01:22:43,750 --> 01:22:41,690

plus com support the show make me a

1848

01:22:44,690 --> 01:22:43,760

happy kid this Christmas you know you

1849

01:22:46,670 --> 01:22:44,700

love THC

1850

01:22:48,740 --> 01:22:46,680

just treat yourself to a pretty cheap

1851
01:22:52,010 --> 01:22:48,750
gift and make me happy at the same time

1852
01:22:54,500 --> 01:22:52,020
also in this episode we get deep into

1853
01:22:56,660 --> 01:22:54,510
the Morgellons condition two people

1854
01:22:58,640 --> 01:22:56,670
pulling out fibers stamped with logos

1855
01:22:59,360 --> 01:22:58,650
and strange insect looking things out of

1856
01:23:02,030 --> 01:22:59,370
their skin

1857
01:23:03,860 --> 01:23:02,040
it's a rare small thing now but is it

1858
01:23:06,410 --> 01:23:03,870
gonna start spreading like autism has

1859
01:23:08,420 --> 01:23:06,420
maybe it's an invasion completely

1860
01:23:10,190 --> 01:23:08,430
independent from the elite but it is

1861
01:23:12,710 --> 01:23:10,200
weird as hell and I was glad we got to

1862
01:23:14,060 --> 01:23:12,720
spend some time on that too of course if

1863
01:23:16,100 --> 01:23:14,070

you're still looking for Christmas gifts

1864

01:23:18,080 --> 01:23:16,110

the higher side clothing is in full

1865

01:23:20,660 --> 01:23:18,090

swing at the higher side clothing come

1866

01:23:22,760 --> 01:23:20,670

the designs are on another level we

1867

01:23:25,220 --> 01:23:22,770

didn't just slap a word like powerful on

1868

01:23:26,810 --> 01:23:25,230

a hoodie a lot of thought and artistic

1869

01:23:29,420 --> 01:23:26,820

juice went into creating some of this

1870

01:23:31,160 --> 01:23:29,430

stuff a little kid said my hypnotist

1871

01:23:33,440 --> 01:23:31,170

Mickey Mouse shirt was really cool the

1872

01:23:33,920 --> 01:23:33,450

other day and I was like yeah you're

1873

01:23:36,530 --> 01:23:33,930

right

1874

01:23:38,390 --> 01:23:36,540

it is and this just isn't some shirt I'm

1875

01:23:40,130 --> 01:23:38,400

wearing and this is my company and if

1876

01:23:41,840 --> 01:23:40,140

you navigate your youth carefully and

1877

01:23:43,010 --> 01:23:41,850

avoid being sucked into groupthink and

1878

01:23:46,010 --> 01:23:43,020

mediocrity you could have your own

1879

01:23:48,020 --> 01:23:46,020

company to kit people thanks for

1880

01:23:50,360 --> 01:23:48,030

listening the rest of December is going

1881

01:23:52,670 --> 01:23:50,370

to be quite great we got Silvia Ivan

1882

01:23:55,100 --> 01:23:52,680

Noah we got Peter lavinda we got Pepe

1883

01:23:57,620 --> 01:23:55,110

and qeq it's gonna be a solid roster

1884

01:24:00,710 --> 01:23:57,630

shows that you're gonna want to hear two

1885

01:24:00,980 --> 01:24:00,720

hours of I promise but that's it for me

1886

01:24:03,590 --> 01:24:00,990

today

1887

01:24:05,810 --> 01:24:03,600

your move Morgellons makers techno

1888

01:24:09,580 --> 01:24:05,820

eugenics engineers and sepsis cycle

1889

01:24:19,120 --> 01:24:09,590

sorcerer's your [\h__\h]

1890

01:24:24,690 --> 01:24:19,130

oh no you see no world isn't random it's

1891

01:24:30,430 --> 01:24:24,700

attached to pub or Street control over

1892

01:24:36,360 --> 01:24:30,440

everything the 95 is trying to steal

1893

01:24:39,220 --> 01:24:36,370

yeah now don't that job seem silly hello

1894

01:24:43,420 --> 01:24:39,230

can you hear me

1895

01:24:48,180 --> 01:24:43,430

why should I play rap recordings

1896

01:24:51,590 --> 01:24:48,190

I'm some spy agency which we were young

1897

01:24:56,100 --> 01:24:51,600

[Music]

1898

01:24:58,860 --> 01:24:56,110

I'll be thankful when I'll expose the

1899

01:25:06,430 --> 01:24:58,870

vast conspiracy there's such a

1900

01:25:45,700 --> 01:25:06,440

difference between us and them damn

1901

01:25:45,710 --> 01:26:04,140

[Music]

1902

01:26:16,380 --> 01:26:11,580

oh no they're cartoons it's so typical

1903

01:26:24,860 --> 01:26:16,390

of me to talk about the stuff I'm sorry

1904

01:26:29,070 --> 01:26:24,870

that's good and well did you ever hear

1905

01:26:31,470 --> 01:26:29,080

argument the nothing really happens it's

1906

01:26:36,370 --> 01:26:31,480

no secret

1907

01:26:55,420 --> 01:26:36,380

the bastards it's done

1908

01:27:45,070 --> 01:27:43,440

[Music]

1909

01:28:04,620 --> 01:27:45,080

you

1910

01:28:51,370 --> 01:28:23,530

[Music]

1911

01:28:56,240 --> 01:28:54,020

my my good people of the internet it

1912

01:28:58,040 --> 01:28:56,250

looks like christmas is finally here and

1913

01:29:00,050 --> 01:28:58,050

i got some of my guests here to help me

1914

01:29:01,490 --> 01:29:00,060

help you spread a little holiday love

1915

01:29:03,709 --> 01:29:01,500

good luck

1916

01:29:05,479 --> 01:29:03,719

oh well I know you're a tire size yes we

1917

01:29:06,950 --> 01:29:05,489

couldn't be more giddy about it and why

1918

01:29:08,870 --> 01:29:06,960

not celebrate the corporate driven

1919

01:29:11,030 --> 01:29:08,880

season of spending with a gift that oh

1920

01:29:12,800 --> 01:29:11,040

so ironically spits right in the face of

1921

01:29:14,720 --> 01:29:12,810

the Christmas machine with the sweet

1922

01:29:16,669 --> 01:29:14,730

sweet softness of a t-shirt for the

1923

01:29:18,050 --> 01:29:16,679

rebellious fashionista in your life for

1924

01:29:20,810 --> 01:29:18,060

my little clothing brand over at

1925

01:29:22,760 --> 01:29:20,820

conspiracies net this is one of the most

1926

01:29:25,160 --> 01:29:22,770

degrading things that anyone could

1927

01:29:27,020 --> 01:29:25,170

possibly do huh thanks for even or

1928

01:29:28,609 --> 01:29:27,030

better yet give them the gift that gives

1929

01:29:31,280 --> 01:29:28,619

all year long with the subscription of

1930

01:29:33,140 --> 01:29:31,290

THC plus for one of your oh so precious

1931

01:29:38,180 --> 01:29:33,150

friends and family I know that's what

1932

01:29:39,890 --> 01:29:38,190

Jim Marrs is doing right man well guys

1933

01:29:42,950 --> 01:29:39,900

this is not constructive Duncan Trussell

1934

01:29:44,959 --> 01:29:42,960

help me out here if I were safe the

1935

01:29:46,879 --> 01:29:44,969

first idea I'd want to implant into

1936

01:29:48,560 --> 01:29:46,889

their heads okay that's not what I had

1937

01:29:50,990 --> 01:29:48,570

in mind either but if you know someone

1938

01:29:53,359 --> 01:29:51,000

who enjoys THC just go to the higher

1939

01:29:54,919 --> 01:29:53,369

side shots plus calm with any credit or

1940

01:29:57,140 --> 01:29:54,929

debit card and put in the email address

1941

01:29:58,910 --> 01:29:57,150

and information for that special someone

1942

01:30:01,370 --> 01:29:58,920

in your life rather than yourself I know

1943

01:30:03,500 --> 01:30:01,380

I and all the great guests on THC would

1944

01:30:05,450 --> 01:30:03,510

really appreciate it we don't want to

1945

01:30:08,510 --> 01:30:05,460

kill anybody don't hurt anybody

1946

01:30:09,979 --> 01:30:08,520

we will make a system that would shock I

1947

01:30:10,910 --> 01:30:09,989

think that approach is actually illegal

1948

01:30:13,189 --> 01:30:10,920

let's not do that

1949

01:30:15,859 --> 01:30:13,199

it was a great idea but it doesn't go

1950

01:30:18,709 --> 01:30:15,869

far no no man it went too far but guys

1951

01:30:20,810 --> 01:30:18,719

all I'm saying is a year or six months

1952

01:30:22,729 --> 01:30:20,820

the THC plus makes a great gift believe

1953

01:30:26,540 --> 01:30:22,739

me I just signed douglas dietrich up for

1954

01:30:28,910 --> 01:30:26,550

a year and he couldn't be happier i love

1955

01:30:31,819 --> 01:30:28,920

you dearly

1956

01:30:33,200 --> 01:30:31,829

honestly you flatter me too much if you

1957

01:30:36,140 --> 01:30:33,210

were a member of the opposite sex I

1958

01:30:37,430 --> 01:30:36,150

would propose see what I tell you Merry